

Sweet Escape

COPPER KNOB
BY STEPHEN HETS

拍數: 0 牆數: 4 級數: Advanced social cha
編舞者: Leigh Huckel (AUS)
音樂: The Sweet Escape - Gwen Stefani



Sequence: ABB, TAG, AA, BBB, A(1-16), B to end

PART A

SYNCOATED VINE, FRONT VAUDEVILLE

1-2& Step right foot to right, cross left foot behind right foot, step right foot to right
3&4& Cross left foot in front of right foot, step right foot side and slightly back, touch left heel diagonally forward, step left foot next to right foot

FRONT VINE, BEHIND, ¼ TURN, FORWARD

5-6 Cross right foot in front of left foot, step left foot to left
7&8 Cross right foot behind left foot, turn ¼ left and step left foot forward, step right foot forward

FORWARD ROCK, COASTER STEP

1-2 Rock left foot forward, recover weight to right foot
3&4 Step left foot back, step right foot next to left foot, step left foot forward

PADDLE, STEP TOGETHER, SIDE WITH DRAW, TOUCH, SYNCOATED VINE

1-2& Step right foot forward, turn ¼ left (weight to left), step right foot next to left foot
3 Step left foot to left

Draw right foot to left foot

4& Touch right foot next to left foot, step right foot to right
5&6& Cross left foot behind right foot, step right foot to right, cross left foot in front of right foot, step right foot to right
7& Cross left foot behind right foot, step right foot to right

3 FRONT VAUDEVILLES, CROSS SHUFFLE

1&2& Cross left foot in front of right foot, step right foot side and slightly back, touch left heel diagonally forward, step left foot next to right foot
3&4& Cross right foot in front of left foot, step left foot side and slightly back, touch right heel diagonally forward and right, step right foot next to left foot
5&6& Cross left foot in front of right foot, step right foot side and slightly forward, touch left heel diagonal forward and left, step left foot next to right foot
7&8& Cross right foot in front of left foot, step left foot to left, cross right foot in front of left foot, step left foot to left
9 Cross right foot in front of left foot

TURNING ¼ LEFT FORWARD ROCK 2, COASTER STEP

1-2 Turn ¼ left and rock left foot forward, recover weight to right foot
3&4 Step left foot back, step right foot next to left foot, step left foot forward

PART B

2 DOROTHY STEPS

1-2& Step right foot diagonally forward right, lock left foot behind right foot, step right foot together
3-4& Step left foot diagonally forward and left, lock right foot behind left foot, step left foot together

FORWARD ROCK 2, COASTER STEP

1-2 Rock right foot forward, recover weight to left foot
3&4 Step right foot back, step left foot next to right foot, step right foot forward

2 DOROTHY STEPS; FORWARD ROCK 2, COASTER STEP

- 1-2& Step left foot diagonally forward and left, lock right foot behind left foot, step left foot together
3-4& Step right foot diagonally forward and right, lock left foot behind right foot, step right foot together
5-6 Rock left foot forward, recover weight to right foot
7&8 Step left foot back, step right foot next to left foot, step left foot forward

STEP ½ TURN, ½ LEFT TURNING SHUFFLE; TURNING ¼ LEFT VINE FRONT, ROCK SIDE ¼ TURN

- 1-2 Step right foot forward, turn ½ left (weight to left)
3&4 Turn ¼ left and step right foot to side, step left foot next to right foot, turn ¼ left and step right foot back
5-6 Turn ¼ left and step left foot to side, cross right foot in front of left foot
7-8 Step left foot to side, turn ¼ right (weight to right)

FORWARD ROCK, STEP TOGETHER; TWICE; STEP ½ TURN, STEP TOGETHER, PADDLE

- 1-2& Rock left foot forward, recover weight to right foot, step left foot next to right foot
3-4& Rock right foot forward, recover weight to left foot, step right foot next to left foot
5-6& Step left foot forward, turn ½ right (weight to right), step left foot next to right foot
7-8 Step right foot forward, turn ¼ left (weight to left)

TAG

PADDLE, STEP TOGETHER, SIDE WITH DRAW, TOUCH; 4 TIMES

- 1-2& Step right foot forward, turn ¼ left (weight to left), step right foot next to left foot
3 Step left foot to left

Draw right foot to left foot

- 4 Touch right foot next to left foot

- 5-6& Step right foot forward, turn ¼ left (weight to left), step right foot next to left foot

- 7 Step left foot to left

Draw right foot to left foot

- 8 Touch right foot next to left foot

- 9-10& Step right foot forward, turn ¼ left (weight to left), step right foot next to left foot

- 11 Step left foot to left

Draw right foot to left foot

- 12 Touch right foot next to left foot

- 13-14& Step right foot forward, turn ¼ left (weight to left), step right foot next to left foot

- 15 Step left foot to left

Draw right foot to left foot

- 16 Touch right foot next to left foot

FORWARD ROCK 2, BACK 1 & ¼ RIGHT STRUTTING ROLL 6 WITH CLICKS

- 1-2 Rock right foot forward, recover weight to left foot

- 3-4 Touch right toe back, turn ½ right and step right foot in place

Click fingers on right hand only

- 5-6 Touch left toe forward, turn ½ right and step left foot in place

Click fingers on right hand only

- 7-8 Touch right toe back, turn ¼ right and step right foot in place

Click fingers on right hand only

CROSS ROCK, STEP SIDE, CROSS FRONT

- 1-2-3 Rock left foot across in front of right foot, recover weight to right foot, step left foot to left

- 4 Cross right foot in front of left foot

SIDE, SIDE WITH DRAW TO A STEP TOGETHER, STEP SIDE, TOGETHER

- 1 Step left foot to left

2 Step right foot to right

Draw left foot to right foot

3 Step left foot next to right foot

4& Step right foot to right, step left foot next to right foot
