

# Sweet Escape

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BY STEPHEN

拍數: 128      牆數: 2      級數: Intermediate  
編舞者: Alison Carrington (UK) & The Crew (UK)  
音樂: The Sweet Escape (feat. Akon) - Gwen Stefani



## **SLIDE RIGHT & TOUCH, HIP BUMPS, SLIDE LEFT & TOUCH, HIP BUMPS, FULL TURNS RIGHT & LEFT**

1-2-3&4      Take a big step to right on right & slide left to right, then hip bump left & right  
5-6-7&8      Take a big step to left on left & slide right to left, then hip bump right & left  
9-10-11-12      Make a full turn to right on right, left, right & touch left beside right & click  
13-14-15-16      Make a full turn to left on left, right, left & touch right beside left & click  
17-32      Repeat tag again

## **STEP, BEHIND, HEEL & CROSS, STEP, TOUCH & CHASSE, TOUCH, TOUCH, SAILOR ½, TOUCH, TOUCH, SAILOR ¼**

1-2-3&4      Step right to right, step left behind right, dig right heel forward, bring right to left & cross left over right  
5-6-7&8      Step right to right, touch left beside right, step left to left, step right beside left, step left to left  
9-10-11&12      Touch right forward, touch right to right side, make ½ sailor turn right on right, left, right  
13-14-15&16      Touch left forward, touch left to left side, make ¼ sailor turn left on left, right, left

## **RIGHT KICK, BALL, CHANGE TWICE, ROCK FORWARD, BACK & SHUFFLE BACK, WALK BACK & UNWIND ¼, KICK BALL CHANGE TWICE**

1&2-3&4      Kick right forward, step on ball of right, step on left, kick right forward, step on ball of right, step on left  
5-6-7&8      Rock forward on right, rock back on left, shuffle back on right, left, right  
9-10-11-12      Walk back on left, walk back right, take left behind right & unwind ¼ turn left  
13&14-15&16      Kick right forward, step on ball of right, step on left, kick right forward, step on ball of right, step on left

## **FORWARD RIGHT, LOCK, RIGHT, LOCK RIGHT, FORWARD LEFT, LOCK, LEFT, LOCK, LEFT, STEP BACK & TOUCH & CLICK X 4**

1-2-3&4      Step forward right, bring left behind right, step right forward, bring left behind right, step forward right  
5-6-7&8      Step forward left, bring right behind left, step left forward, bring right behind left, step forward left  
9-10-11-12      Step back on right & touch left to right & click, step back on left & touch right to left & click  
13-14-15-16      Step back on right & touch left to right & click, step back on left & touch right to left & click

## **FORWARD RIGHT, LOCK, RIGHT, LOCK RIGHT, FORWARD LEFT, LOCK, LEFT, LOCK, LEFT, STEP BACK & TOUCH & CLICK X 4**

1-2-3&4      Step forward right, bring left behind right, step right forward, bring left behind right, step forward right  
5-6-7&8      Step forward left, bring right behind left, step left forward, bring right behind left, step forward left  
9-10-11-12      Step back on right & touch left to right & click, step back on left & touch right to left & click  
13-14-15-16      Step back on right & touch left to right & click, step back on left & touch right to left & click

## **TOUCH, TOUCH, CROSS SHUFFLE, 4 X HIP SWAYS, TOUCH, TOUCH, CROSS SHUFFLE, 4 X HIP SWAYS**

1-2-3&4      Touch right toe over left, touch right toe to right side, cross shuffle to left on right, left, right  
5-6-7-8      Hip sway left, right, left, right  
9-10-11&12      Touch left toe over right, touch left toe to left side, cross shuffle to right on left, right, left

13-14-15-16 Hip sway right, left, right, left

**KICK, CROSS, KICK, BACK & CLICK X 3 ALTERNATE, BOUNCE HEELS X 4 MAKING ½ TURN TO LEFT**

1-2-3-4 Kick right forward, cross right over left & click, kick right forward, step back on right & click

5-6-7-8 Kick left forward, cross left over right & click, kick left forward, step back on left & click

9-10-11-12 Kick right forward, cross right over left & click, kick right forward, step back on right & click

13-14-15-16 Bounce on both heels x 4 as make ½ turn to left (weight on left)

**REPEAT**

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