Sweet Breeze (P)



拍數: 48 牆數: 0 級數: Partner

編舞者: Nigel Payne (UK) & Barbara Payne (UK)

音樂: Perfume & Roses - Dave Sheriff

Position: Sweetheart Position. Opposite Footwork

MAN'S STEPS

STEP-LOCK-STEP TWICE

1-3 Step forward on left, lock right behind, step forward on left

4-6 Step forward on right, lock left behind right, step forward on right

ROCK-RECOVER-STEP, RIGHT BASIC

As the lady turns, release right hands, & take left hand up above lady's head into rose arch man places his right hand on lady's left hip & lady places her right on man's left hip on completion of turn

7-9 Rock forward onto left, recover back on right, step left beside right

10-12 Right basic in place stepping right-left-right

BOTH: 4 BASIC'S TO COMPLETE FULL TURN TO THE RIGHT

Remain in rose arch for this section, while turning travel direction of LOD

13-15

Turn ¼ right stepping left, right, left (now facing OLOD)

16-18

Turn ¼ right stepping right, left, right (now facing RLOD)

19-21

Turn ¼ right stepping left right, left (now facing ILOD)

22-24

Turn ¼ right stepping right, left, right (now facing LOD)

LEFT BACK-ROCK-RECOVER, STEP RIGHT-LOCK-STEP

As lady turns remove hands from hips & keep hold of left hands, & resume sweetheart after turn

25-27 Rock back on left, recover onto right, step forward on left

28-30 Step forward on right, lock left behind right, step forward on right

LEFT BASIC FORWARD, SIDE STEP, DRAG, TOUCH

Hands: release left hands & raise rights

31-33 Step forward on left, step right beside left, step left beside right

Hands: join left hands, now in sweetheart

34-36 Step right to right side, drag left to right, touch left beside right

Man slides to right behind lady, lady slides across man, man now on OLOD, lady on ILOD

LEFT BASIC FORWARD, RIGHT TWINKLE STEP

Hands: release right hands & raise left hands

37-39 Step forward on left, step right beside left, step left beside right

Hands: rejoin right hands, now in sweetheart

40-42 Cross right over left, step left to left side, step right beside left

Man has twinkle behind the lady & now on ILOD, lady has twinkle across man & now back on OLOD, hands joined for this move

1/4 BASIC TURN TWICE

Hands: as you both turn, bring right over lady's head into cross hand hold, right over left

43-45 Step left ¼ turn right, step right beside left, step left beside right

Now facing each other

Hands: take right hand back over lady's head as you complete next turn

46-48 Step back right turning ¼ turn left, step left beside right, step right beside left (facing LOD)

Hands: now in sweetheart



REPEAT

LADY'S HANDS

1-3 Step forward on right, lock left behind right, step forward on right

4-6 Step forward on left, lock right behind, step forward on left

STEP-TURN-STEP 1/2 TURN LEFT, LEFT BASIC

As the lady turns, release right hands, & take left hand up above lady's head into rose arch man places his right hand on lady's left hip & lady places her right on man's left hip on completion of turn

7-9 Step forward on right, pivot ½ turn left, step forward on right

10-12 Step small step forward on left, step right beside left, step left in place (now facing RLOD)

BOTH: 4 BASIC'S TO COMPLETE FULL TURN TO THE RIGHT

Remain in rose arch for this section, while turning travel direction of LOD

13-15	Turn ¼ turn stepping right, left, right (now facing ILOD)
16-18	Turn ¼ right stepping left, right, left (now facing LOD)
19-21	Turn ¼ right stepping right, left, right (now facing OLOD)
22-24	Turn ¼ right stepping left, right, left (now facing RLOD)

RIGHT STEP-TURN-STEP, LEFT-LOCK-STEP

As lady turns remove hands from hips & keep hold of left hands, & resume sweetheart after turn

25-27 Step forward on right, pivot ½ turn left, step forward on right, (facing LOD)

28-30 Step forward on left, lock right behind left, step forward on left

BASIC FULL TURN LEFT, SIDE STEP, DRAG, TOUCH

Hands: release left hands & raise rights

31-33 Complete full turn left stepping right-left-right

Hands: join left hands, now in sweetheart

34-36 Step left to left side, drag right to left, touch right beside left

Man slides to right behind lady, lady slides across man, man now on OLOD, lady on ILOD

FULL TURN LEFT. LEFT TWINKLE STEP

Hands: release right hands & raise left hands

37-39 Complete full turn left stepping right-left-right

Hands: rejoin right hands, now in sweetheart

40-42 Cross left over right, step right to right side, step left beside right

Man has twinkle behind the lady & now on ILOD, lady has twinkle across man & now back on OLOD, hands ioined for this move

1/4 BASIC TURN TWICE

Hands: as you both turn, bring right over lady's head into cross hand hold, right over left

43-45 Step right ¼ turn left, step left beside right, step right beside left

Now facing each other

Hands: take right hand back over lady's head as you complete next turn

Step back on left turning ¼ turn right, step right beside left, step left beside right (facing LOD)

Hands: now in sweetheart

REPEAT