Sweet & Sour



拍數: 48 牆數: 4 級數: Intermediate

編舞者: Jolene Pearly Vun (MY) 音樂: Lemon Tree - Fool's Garden



SIDE, TOGETHER, SIDE, POINT (TWICE)

1-2	Step right to right, step left together
3-4	Step right to right, point left beside right
5-6	Step left to left, step right beside left
7-8	Step left to left, point right beside left

ROCK FORWARD, RECOVER, STEP, KICK, BACK ROCK, RECOVER, STEP SIDE, FLICK

1-2	Rock forward on right, recover weight onto left

3-4 Step right beside left, kick left forward5-6 Rock back on left, recover weight onto right

7-8 Step left to left (long step), flick right up behind left knee

STEP SIDE, BEHIND, I/4 TURN RIGHT, BRUSH, ROCK FORWARD, RECOVER, STEP BACK AND KICK

1-2 Step right to right, step left behind right

3-4 Step right forward with ¼ turn right, brush ball of left forward

5-6 Rock forward on left, recover onto right

7-8 Step back on left, kick right diagonally forward

SIDE ROCK, RECOVER, CROSS SHUFFLE, ½ TURN RIGHT, STOMP, BRUSH

1-2 Rock right to right, recover on left

3&4 Cross right over left, step left to left, cross right over left

5-6 Step back on left with ¼ turn right, step right to right with ¼ turn right

7-8 Stomp left in place, brush ball of right forward

STEP, POINT (X4)

Step forward on right, point left behind right
Step back on left, point right in front of left
Step right to right, point left beside right
Step left to left, point right beside left

JUMPING JACKS, UNWIND $\frac{1}{2}$ TURN LEFT, KNEE BEND ON RIGHT, RECOVER, TRANSFER WEIGHT TO LEFT AND HOLD

&1	Jumn	feet	apart	landing -	– riaht	left
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&2 Returning to a crosses position, landing - left, right

3-4 Unwind ½ turn left, weight on right

5-6 Bend right knee, straighten right knee (left foot point diagonally forward)

7-8 Transfer weight onto left and hold

REPEAT