

拍數: 32      牆數: 2      級數: Improver  
編舞者: Larry Bass (USA)  
音樂: Body Language - Ronnie Beard



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## FOOT SWITCHES, STOMP, CLAP; HIP ROLL, HIP BUMPS

- 1&      Touch right heel forward, & step right foot beside left
- 2&      Touch left heel forward, & step left foot beside right
- 3-4      Stomp right foot forward; hold & clap
- 5-6      Roll hips to the left
- 7&8      Bump hips back left, center, left

## KICK-STEP-TOUCH WITH KNEE POPS, KICK-STEP-TOUCH WITH KNEE POPS; KNEE POPS

- 9&      Kick right foot forward, & step right foot beside left
- 10      Touch left toe slightly back to left, popping left knee straight while right knee bends. (same as quick hip bump back left, center. Weight will bounce onto right foot)
- 11&      Kick left foot forward, & step left foot beside right
- 12      Touch right toe slightly back to right popping right knee straight while left knee bends. (same as quick hip bump back right, center. Weight will bounce onto left foot)
- 13      Push right knee inward while straightening left knee
- 14      Pop right knee straight while left knee bends. (same as quick hip bump back right, center. Weight will bounce onto left foot)
- 15      Push right knee inward while straightening left knee
- 16      Pop right knee straight while left knee bends. (same as quick hip bump back right, center. Weight will bounce onto left foot)

## STEP PIVOT TURN, ROCK STEP; ROCK STEP WITH DIP, COASTER STEP

- 17-18      Step right foot forward; turn ½ turn left onto left foot
- 19-20      Step right foot forward; rock back onto left foot
- 21      Step right foot forward while dipping down, bending knees
- 22      Rock back onto left foot straightening up
- 23&24      Step right foot back, step left foot beside right; step right foot forward

## ROCK STEP FORWARD, ROCK STEP BACK; FORWARD ROLLING TURN, FORWARD SHUFFLE

- 25-26      Step left foot forward; rock back onto right foot
- 27-28      Step left foot back; rock forward onto right foot
- 29      Starting forward right rolling turn, turn ½ turn right stepping left foot back
- 30      Complete forward right roll turning ½ turn right stepping right foot forward
- 31&32      Shuffle forward left, right, left

**REPEAT**

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