Sweep Her Off Her Feet (P)



拍數: 48 牆數: 0 級數: Partner

編舞者: Stu McGlary & Ann Helmore (UK)

音樂: Like She's Not Yours - The Bellamy Brothers



Position: Closed Western position (Man facing OLOD). Man's steps listed, Lady on opposite footwork throughout except where indicated

STEP, SIDE SHUFFLE, CROSS ROCK, SIDE SHUFFLE 1/4 TURN

1 Step forward on right

2&3 Side shuffle to left stepping left, right, left

4-5 Cross rock right over left, recover weight onto left

Side shuffle to right turning ¼ turn right stepping right, left, right (facing RLOD)

Open to Promenade holding inside hands

ROCK STEP (LADY PIVOTS) SHUFFLE 1/2 TURN, FULL FREE TURN, SHUFFLE FORWARD

8-9 **MAN:** Rock forward on left foot, recover weight onto right

LADY: Step right forward, pivot ½ turn left (facing LOD weight on left)

Inside hands go over lady's head

10&11 MAN: Shuffle ½ turn to left to face LOD stepping left, right, left (release hands)

LADY: Shuffle forward stepping right, left, right

12-13 Turn full turn to left stepping right, left 14&15 Shuffle forward stepping right, left, right

Lady's left hand on man's right shoulder, man's right hand on lady's waist

PIVOT 1/4 TURN, REVERSE PINWHEEL TURN

16-17 Step left forward, pivot ¼ turn to right (briefly touch leading hands)
18&19 MAN: Triple step in place stepping left, right, left to face OLOD

LADY: Triple step ½ turn to right stepping right, left, right to face OLOD (lady on man's right

side)

20-21 MAN: Step forward on right ¼ turn to right, step forward on left turning ¼ turn right to face

ILOD

LADY: Step back on left ¼ turn to right, step back on right turning ¼ turn right

22&23 MAN: Triple step in place turning ¼ turn to right to face LOD, stepping right, left, right

LADY: Triple step back turning 1/4 turn to right to face LOD, stepping left, right, left

ROCK, RECOVER, SHUFFLE 1/2 TURN, ROCK RECOVER, SHUFFLE WITH 1/4 TURN

24-25 Rock step left to left side, recover weight onto right

26&27 Shuffle forward turning ½ turn to right, stepping left, right, left

Lady now on man's left, right hand on man's left shoulder, man's left arm round lady's waist

28-29 Rock back on right, recover weight onto left

30&31 Shuffle forward turning ½ turn to left stepping right, left, right

ROCK BACK, RECOVER, REVERSE PINWHEEL TURN

32-33 Rock back on left, recover weight onto right

34-39 Repeat steps 18-23

Lady's left hand on man's right shoulder, man's right arm round lady's waist

ROCK, RECOVER, SHUFFLE 1/2 TURN, ROCK RECOVER, SHUFFLE WITH 1/4 TURN, STEP

40-47 Repeat steps 24-31

48 **MAN:** Step left next to right

LADY: Step right next to left (regain Closed Western hold)