

拍數: 32      牆數: 2      級數: Intermediate/Advanced  
 編舞者: Alan "Renegade" Livett (UK)  
 音樂: Shoulda Woulda Coulda - Beverley Knight



**SIDE-ROCK-RECOVER (NITE CLUB BASIC), SIDE-ROCK-¼ TURN LEFT (NITE CLUB BASIC WITH ¼ TURN), STEP-STEP-TURN, STEP-STEP-TURN, ¾ SPIRAL TURN.**

- 1-2&      Step left to left side (wide step), rock ball of right behind left, recover weight on to left (12:00)  
 3-4&      Step right to right side (wide step), rock ball of left behind right (starting to turn ¼ left),  
 recover weight on to right (completing ¼ turn left) (9:00)  
 5-6&      Step forward left, step forward right, pivot ½ turn to left transferring weight forward onto left  
 (3:00)  
 7-8&      Step forward right, step forward left, pivot ½ turn to right transferring weight forward onto right  
 (9:00)  
 1          Using the momentum from the last pivot, carry on pivoting on the ball of the right foot (to the  
 right). Partway through the action, step left next to right and continue turning ending with the  
 right foot spiraled across and in front of the left foot

**An easier option is to step forward left and spiral ¾ to face the back wall over 1 count**

**Even easier option: step forward left turning a ¼ to the left. (6:00)**

**RIGHT SCISSOR STEP, LEFT SCISSOR TURNING ¼ RIGHT, MODIFIED BOX STEP WITH ½ RONDÉ, STEP**

- 2&3      Step right to right side, step left next to right, step right across and in front of left  
 4&5      Step left to left side, step right next to left turning ¼ turn to right, step left forward (9:00)  
 &6&      Sweep right along floor across and in front of left, step onto right, step left foot back  
 7&8      Step right next to left, step left forward, rondé right across and in front of left turning ½ turn to  
 left  
 1          step onto right (3:00)

**FORWARD ROCK-RECOVER, SIDE-ROCK-RECOVER (NITE CLUB BASIC), SIDE-ROCK-RECOVER-SIDE, ½ TURNING SAILOR**

- 2&      Rock left forward and across in front of right, recover onto right (3:00)  
 3-4&      Step left to left side (wide step), rock ball of right behind left, recover weight on to left (3:00)  
 5-6&      Step right to right side (wide step), rock ball of left behind right, recover weight on to left  
 7      Step left to left side (3:00)  
 8&1      Sweep right behind left starting to turn ½ turn to right, step left next to right, step right across  
 and in front of left (completing the turn) (9:00)

**Counts 2 through 7 are danced traveling back.**

**¾ TRIPLE TURN, SIDE-BACK-CROSS, SIDE-BACK-CROSS, SIDE-BACK-CROSS, SIDE-BACK-CROSS**

- 2&3      Step left to left side starting to turn ¾ turn to right, step together with right (continuing to turn),  
 step forward with left  
 4&5      Step right to right side, step left behind right, step right across left  
 &6&      Step left to left side, step right behind left, step left across right  
 7&8      Step right to right side, step left behind right, step right across left (6:00)

**Counts 4 through 8 are danced traveling back.**

**REPEAT**

**RESTARTS**

When danced to the Beverly Knight track, there are two restarts. On the 5th wall the last 4 counts of the dance are missed off. After the triple turn 2&3 you will be facing the back wall. Instead of going into the side-back-crosses, just step back on the RIGHT and start the dance again. On this wall do just the first 16 counts

of the dance. On the second set of eight, instead of doing the  $\frac{1}{2}$  rondé,  $\frac{1}{4}$  rondé to the front wall and change weight onto to the RIGHT. Start the dance again and dance through to the end.

---