

Swayvaganza

拍數: 32 牆數: 4 級數: Intermediate social cha
編舞者: Bronya Bishorek (MY)
音樂: Sway - The Pussycat Dolls



LADY'S BASIC CHA-CHA, FAN STEP (FINISHING FACING 9:00)

1-2 Step back on right, recover weight forward on left
3&4 Lock step shuffle forward - right, left, right
5-6 ¼ turn right & step left forward, ½ turn left & step right back
7&8 Lock step shuffle backwards - left, right, left

CHANGE OF HIP, SHUFFLE FORWARD, HOCKEY STICK, SHUFFLE BACK

1-2 Pull right toe to left, put right foot down and raise left heel while changing hip
3&4 Shuffle forward - left, right, left
5-6 Cross right over left (7:00), pivot ½ turn left, weight on right (2:00)
7&8 Shuffle back - left, right, left

DO THE SWAY (FACING 2:00)

1-2 Shift weight forward to right foot with hip sway, recover to left
3&4 Push hip forward on right foot, recover, hip forward, weight on right
5-6 Step left forward, full spiral turn right weight on left
7&8 Shuffle forward - right, left, right

STEP, TURN LEFT, SHUFFLE TO NEW WALL

1-2 Step forward on left, turn left (facing 9:00), tap right next to left
3&4 Shuffle forward - right, left, right
5-8 Step forward on left, strike a pose and hold with weight on left

REPEAT
