

Swaying Cha Cha (P)

拍數: 64 牆數: 0 級數: Partner
編舞者: Hazel Parfitt (UK)
音樂: Lonesome Roads - Dwight Yoakam



Position: Right side by side position (Sweetheart). Man needs to stand a little behind lady on sway steps

1-2 Step and sway to right on right, sway back onto left, bringing weight and body back onto left
3&4 Step right left right (cha-cha-cha on the spot)
5-6 Step and sway to left on left, sway back onto right, bringing weight and body back onto right
7&8 Step left right left (cha-cha-cha on the spot)

9-10 Step and rock back on right rock forward onto left
11&12 Step right left right (cha-cha-cha forward)
13 Step ¼ turn to the right on left, (man now behind lady facing outside line of dance)
14 Cross right foot behind left
15&16 Left right left (cha-cha-cha towards line of dance)

Drop left hands, raise right, start to turn on count 16 by stepping a ¼ turn to the left, bringing right arm over ladies head, and step a further ¼ turn left on count 17 rejoin hands behind mans back, now facing inside line of dance

17-18 Step right to the right side, cross left foot behind right
19&20 Step right left right (cha-cha-cha towards line of dance)
21-22 Step and rock forward on left, rock back on right
23&24 Step left right left (cha-cha-cha)

25-26 Step and rock back on right, rock forward on left
27&28 Right left right (cha-cha-cha)
29-30 Step and rock forward on left, rock back on right

Both start a ¾ turn left on this step by dropping right hands and raising left to turn over lady's head

31&32 Step left right left complete the turn on this cha-cha-cha, now facing LOD back in side by side position

33-40 Repeat steps 1-8

41-42 Step forward right, step forward left
43&44 Step right left right (cha-cha-cha forward line of dance)
45&46 Drop left hands, raise right and turn one full turn to the right, stepping left, right (tandem turn)
47&48 Step left right left (cha-cha-cha forward line of dance)

49-50 Touch right toe across in front of left foot, kick right foot forward
51&52 Step right left right (cha-cha-cha forward line of dance)
53-54 Touch left toe across in front of right foot, kick left foot forward
55&56 Step left right left (cha-cha-cha forward LOD)

57-58 Step forward 45 degrees on right foot, cross left foot behind right
59&60 Step right left right cha-cha-cha
61-62 Step forward 45 degrees on left foot, cross right foot behind left
63&64 Step left right left cha-cha-cha

REPEAT

