

Sway 4 One

拍數: 20 牆數: 4 級數: Beginner
編舞者: David Eddison (UK) & Jean Eddison (UK)
音樂: Here In the Real World - Alan Jackson



SIDE TOUCH X 3, ¼ TURN RIGHT, KICK LEFT

1-2 Step left foot to left side, touch right toe beside left instep
3-4 Step right foot to right side, touch left toe beside right instep
5-6 Repeat 1-2
7-8 Step ¼ turn right on right foot, kick left foot forward

STEP BACK LEFT FOOT, ¼ TURN RIGHT, ¼ TURN LEFT, ¼ TURN RIGHT

9 Step back on left foot
10 Step back ¼ turn left on right foot
11 Step forward ¼ turn left on left foot
12 Step side ¼ turn left on right foot

BEHIND, DIP, ¼ TURN RIGHT, RONDE, STEP, LOCK, STEP, LOCK, STEP

13 Step left behind right, (at the same time dip slightly at the knees)
14 Step forward ¼ turn right on right foot
15 Sweep left foot in front and round the right leg placing weight onto left foot
16 Step back on right foot
17-18 Lock left over right, step back right
19-20 Lock left over right, step back right

REPEAT
