

Sway (2 Versions) (P)

拍數: 10 牆數: 0 級數: Partner
編舞者: Unknown
音樂: It's Your Call - Reba McEntire



Position: Lady faces the outside of the floor with her hands raised at her shoulders, heels together-gentleman stands behind her with his hands holding hers, heels together. Alternative position would have the gentleman wrapping his arms slightly around the lady with the hands being held slightly in front of the lady's body (for this intimacy, you might want to be good friends).

10-COUNT VERSION

FOUR SWAYS

- 1 Left foot step left-body weight sway left-couple holds hands-right with right and left with left
- 2 Body sway right
- 3 Body sway left
- 4 Body sway right

PARTIAL VINE TO THE LEFT WITH LEFT ½ TURN TO THE LEFT

- 5 Weight transfers to left foot
- 6 Right foot step behind left-drop the right hands and continue holding on with the left
- 7 Left foot step ½ turn to the left (points to the center of the floor)
- 8 Right foot close beside the left

PARTIAL VINE TO THE RIGHT WITH RIGHT ½ TURN TO THE RIGHT

- 9 Left foot step behind right leg to the right
- 10 Right foot step ½ turn to the right and re-grasp right hands

REPEAT

20-COUNT VERSION

- 1 Left foot step left
- 2 Right toe touch to close to left foot
- 3 Right foot step right
- 4 Left toe touch to close to right foot

- 5 Left foot step left
- 6 Right toe touch to close to left foot
- 7 Right foot step to the right with a ¼ turn to the right-arms move to reverse promenade position
- 8 Left foot kick straight forward into low kick (moving from the hip)

- 9 Left foot step backward
- 10 Right foot step backward
- 11 Left foot step backward in ¾ turn to the left and drop right hands
- 12 Right foot step right and re-grasp right hands

VINE TO THE RIGHT WITH 1 ½ TURNS TO THE RIGHT

- 13 Left foot step behind right leg to the right
- 14 Right foot step to right
- 15 Left foot step in front of right leg to right
- 16 Right foot step right and drop left hands

- 17 Left foot step to right ½ turn to the right
- 18 Right foot step ½ turn to the right
- 19 Left foot step to right ½ turn to the right
- 20 Right foot step to close to left foot

REPEAT

Our favorite variation is an 18 count first pattern, dropping Counts 15-16 above, followed by a 16 count pattern to the end, by dropping Counts 1-2 on the repeats. This uses both Option 1 and 2 below.

OPTION 1

Some couples find it easier to balance by omitting Counts 15-16.

OPTION 2

Some couples eliminate Counts 1-2 on all repeats.
