

Swamp Thang (P)

COPPERKNOB
STEPSHEETS

拍數: 40 牆數: 0 級數: Partner
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音樂: Swamp Thing - The Grid



Position: Couples start in side by side position (sweetheart), facing LOD

LEFT ROCK STEP, LEFT COASTER, RIGHT ROCK STEP, RIGHT COASTER

1-2 BOTH: Rock step left forward, step right in place
3&4 Step left back, step right next to left, step left forward (coaster step)
5-6 BOTH: Rock step right forward, step left in place
7&8 Step right back, step left next to right, step right forward (coaster step)

LEFT SIDE ROCK STEP, LEFT SHUFFLE IN PLACE, RIGHT SIDE ROCK STEP, RIGHT SHUFFLE IN PLACE WITH ¼ TURN RIGHT TO OLOD

1-2 BOTH: Rock step left to left side, step right in place
3&4 Left shuffle in place (left together, right in place, left in place)
5-6 BOTH: Rock step right to right side, step left in place
7&8 Right shuffle in place while turning (right together, left in place, right in place).

During shuffle, turn ¼ right to face OLOD. Lady will move directly in front of man to "tandem" position, hands still joined and held just above lady's shoulders.

GRAPEVINE LEFT, LEFT SHUFFLE LEFT, ROCK STEP WITH ½ TURN LEFT FOR BOTH

1-2 BOTH: Grapevine left, step left to left side, cross step right behind left
3-4 Step left to left side, step right together (right next to left)
5&6 BOTH: Left shuffle to left side (moving left step left, right, left)
7-8 BOTH: Right rock step back, step left in place (toe turned out) turning ½ left

As you do the ½ turn left, release the left hand hold and the man will bring the right hands over the lady's head. He then retakes the left hand hold. Both hands are now held low (waist level) in a reverse "tandem" position with both facing into the circle.

GRAPEVINE RIGHT, RIGHT SHUFFLE TO RIGHT, LEFT ROCK STEP

1-2 BOTH: Grapevine right (step right to right side, cross step left behind right)
3-4 Step right to right side, step left together (left next to right)
5&6 BOTH: Right shuffle to right (step right, left, right)
7-8 BOTH: Rock step left back, step right in place

Couple has still traveled to the left and is still facing into the circle

SYNCOPATED CHASSE' LEFT (SIDE TOGETHERS WITH HOLDS-REALLY JAZZY!)

1-2& BOTH: Step left to left side, hold, step right next to left
3-4& BOTH: Step left to left side, hold, step right next to left

¼ TURN LEFT, ½ TURN LEFT, STEP, TOGETHER

5 BOTH: Turn ¼ left as you step left forward, facing LOD
6-8 BOTH: Step right forward and turn ½ left, step left in place, step right next to left

On count 5, the lady is behind the man and slightly to his left side. Couple release right hand hold. On counts 6-7, the man raises the left hand hold to allow the lady to turn under raised left hands. As they step together on count 8 they will assume the original starting position and retake the right hand to right hand hold to repeat the entire sequence.

REPEAT