

Swamp Stomp

拍數: 58 牆數: 1 級數: Intermediate
編舞者: Jean Rusch (USA)
音樂: I Wear Your Love - Lisa Angelle



- 1-4 Step forward onto right foot & bump hips forward 4 times
5-8 Step forward onto left foot & bump hips forward 4 times
- 9-12 Step forward onto right foot & bump hips forward 4 times
13-16 Step forward onto left foot & bump hips forward 4 times
- 17-20 Right vine, kick left foot forward & clap
21-24 Left vine, kick right foot forward & clap
- 25-28 Double toes, heels, toes, heels (moving to the right)
29-30 Step right foot forward: pivot a ¼ turn to the left
31-32 Step forward onto right foot; step forward onto left foot (bend knees as you walk forward on the first 2 counts)
- 33-34 Step forward onto right foot; step forward onto left foot (straighten knees as you walk forward on the last 2 counts)
- 35-36 Step right foot forward: pivot a ¼ turn to the left
37-38 Step right foot forward at an angle; stomp left foot together & clap
39-40 Step left foot backward; stomp right foot together & clap
- 41-42 Step left foot forward at an angle; stomp right foot together & clap
43-44 Step right foot backward; stomp left foot together & clap
45-46 Step right foot forward: pivot a ¼ turn to the left
- 47-52 Repeat (steps 31-36)
53-54 Stomp right foot together; stomp left foot together next to right foot
&55 Step right foot to the side; step left foot to the side
56 Hold & clap
&57 Step right foot to the center; step left foot to the center (weight on left)
58 Hold & clap.

REPEAT
