

Suzy D

拍數: 64 牆數: 4 級數: Improver
編舞者: Susan Day
音樂: Funkytown - Lipps, Inc.



KICK, SWIVEL, STEP

- 1 Right kick forward
- & Swivel left heel right. (Right foot swivels in the air)
- 2 Swivel left heel center as right steps slightly forward.
- 3 Left kick forward.
- & Swivel right heel left. (Left foot swivels in the air)
- 4 Swivel right heel center as left steps slightly forward.
- 5-8 Repeat steps 1 through 4

MONTEREY TURNS

- 9 Right toe touch right.
- 10 Pivot ½ turn right (on ball of left, stepping right beside left at completion of turn)
- 11 Left toe touch to left.
- 12 Left step beside right.
- 13-16 Repeat steps 9 through 12.

KICK, KICK, STEP, SLIDE

- 17 Right kick forward.
- 18 Right kick to right side.
- 19 Right step to right.
- 20 Left slide to right.
- 21-24 Repeat steps 17-20 with left foot.

RIGHT GRAPEVINE, TOGETHER, PADDLE TURN RIGHT.

- 25-27 Right step to right, left step behind right, right step to right
- 28 Left step next to right.
- 29 Pivoting ¼ turn right on ball of right, touch left toe to left.
- 30-32 Repeat step 29 three more times (completing a full turn).

LEFT GRAPEVINE, TOGETHER, PADDLE TURN LEFT

- 33-35 Left step to left, right step behind left, left step to left
- 36 Right step beside left.
- 37 Pivoting ¼ turn left on ball of left, touch right toe to right side.
- 38-40 Repeat step 37 three more times (completing a full turn).

RIGHT KICK-BALL-CHANGE, ¼ TURN RIGHT, STEP TOGETHER

- 41&42 Right kick forward, step on ball of right beside left, change weight to left foot
- 43 Right step forward, ¼ turn left.
- 44 Left drag to right.

KICK, CROSS TOE, KICK & SWITCH

- 45 Right kick forward.
- 46 Right toe cross over left and touch floor.
- 47 Right kick forward.
- & Right step beside left (on ball of right)
- 48 Left toe touch beside right.

- 49 Left kick forward.
- 50 Left toe cross over right and touch floor.
- 51 Left kick forward.
- & Left step beside right (on ball of left foot).
- 52 Right step beside left.

TUSH PUSH HIPS

- 53-54 Right stepping slightly forward, bump hips forward twice.
- 55-56 Shift weight to left and bump hips back twice.
- 57-60 Roll hips right, left, right, left

PIVOT ½ TURNS TO LEFT

- 61 Right step forward.
- 62 Pivot ½ turn left (on ball of both feet, shifting weight to forward left foot.)
- 63 Right step forward.
- 64 Pivot ½ turn left (on ball of both feet, shifting weight to forward left foot.)

REPEAT
