

# Supersonique

**COPPERKNOB**  
STEPSHEETS

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Sarah-Jane Marriot  
音樂: It Feels so Good - Sonique



## ROCK & CROSS, UNWIND FULL TURN, TOE POINT

1-2      Rock right to right side, rock onto left in place  
3-4      Cross right over left and hold  
5-8      Unwind full turn, point right foot out to right

## HITCH, STEPS, ROCKS

9-10      Hitch right knee across left, step to right side, placing weight on right foot  
11-12      Step left, cross right over left  
13-14      Step left, rock onto right in place  
15-16      Step back on left, rock forward onto right in place

## TOE POINTS, UNWIND ½ TURN, TOE POINTS, UNWIND ½ TURN

17-18      Point left toe forward, point left toe to left side  
19-20      Point left toe back, unwind ½ turn to the left placing weight on left foot  
21-22      Point right toe forward, point right toe to the right side  
23-24      Point right toe back, unwind ½ turn to the right placing weight on right foot

## KICK, STEP, KICK TWICE, ROCK, REPLACE, LEFT KICK

25      Kick left foot forward  
26-27      Replace weight on left foot, stepping to the left, place weight on right foot, stepping to the right  
28-29      Kick left foot forward twice  
30-31      Rock back on left foot, rock forward onto right in place  
32      Kick left foot forward

## TOE POINT, UNWIND ½ TURN, SHUFFLE, STEP FORWARD, ½ TURN RIGHT SWIVEL, RIGHT BACK TOUCH, UNWIND ¼ TURN RIGHT

33-34      Point left toe back, unwind ½ turn to the left placing weight on left foot  
35&36      Step forward onto right foot, bring left beside right, step forward onto right  
37-38      Step forward onto left foot, on ball of left foot pivot ½ turn to the right leaving weight on left foot  
39-40      Point right toe back, unwind ¼ turn to the right placing weight equally on both feet

## HIP SWAYS, HIP BUMPS, HIP SWAYS, HIP BUMPS

41-42      Sway hips to the left, sway hips to the right  
43-44      Bump hips to the left twice  
45-46      Sway hips to the right, sway hips to the left  
47-48      Bump hips to the right twice

## LEFT STRUT & TURN, RIGHT STRUT & TURN, LEFT STRUT & TURN, ROCK REPLACE

49-50      Point left toe to left side, bring weight onto left heel while clicking fingers  
51-52      Swivel ½ turn to the left on left foot and point right toe to the right side, bring weight onto right heel while clicking fingers  
53-54      Swivel ½ turn to the left on right foot and point left foot to left side, bring weight onto left heel while clicking fingers  
55-56      Swivel ½ turn to the left on left foot, rocking right onto right foot, rock onto left foot in place

**CROSS RIGHT OVER LEFT, ROCK LEFT & REPLACE, CROSS LEFT OVER RIGHT, ROCK RIGHT & REPLACE, RIGHT KICK FORWARD TWICE**

- 57                    Cross right over left
- 58-59                Rock left to left side, rock onto right in place
- 60                    Cross left over right
- 61-62                Rock right to right side, rock onto left in place
- 63-64                Kick right foot forward twice

**REPEAT**

---