

Superking Twist And Stomp

COPPER KNOB
BY STEPHENETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Ros Brander-Stephenson (UK)
音樂: Wastin' Time With You - Carlene Carter



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- 1-4 Step right foot out to right side, slide left foot in next top right, cross right over front of left and pause (while clapping hands once)
- 5-8 Step left foot out to left side, slide foot right next to left, cross left over front of right and pause (while clapping hands once)
- 9-12 Step right to right side, step left behind right, step right to right side, touch left next to right
- 13-16 Step left to left side, step right behind left, step left to left side, touch right next to left
- 17-18 Place right toe to floor and snap right heel to floor
- 19-20 Place left toe to floor and snap left heel to floor. (these steps should be done traveling backwards.)
- 21-24 Touch right foot out to right side, touch right foot next to left, with weight on left make a half turn right, touch left foot out to right side, then touch left next to right.(steps 21 to 24 are a Monterey turn.)
- 25-32 Repeat steps 17-24
- Steps 33-48 should be done traveling forward.**
- 33-36 Place right toe to floor towards the left instep, place right heel to floor, stomp whole foot on floor and pause
- 37-40 Place left toe to floor towards the right instep, place left heel to floor, stomp whole foot on floor and pause
- 41-48 Repeat steps 33-40
- 49-52 With weight on left side, stomp right foot twice to floor, kick right foot forward twice
- 53-56 Repeats steps 49 -52
- 57-60 Step back on right, step back on left foot, step forward on right foot and hold
- 61-64 As you keep both knees like bent, swivel on the balls of both feet making quarter turn left, straighten knees on last count

REPEAT
