

# Super Trouper

拍數: 60      牆數: 4      級數: Intermediate  
編舞者: Dale Zumwalt (USA)  
音樂: Super Trouper - ABBA



This dance is dedicated to the members of the Bay Path Barn Country Kickers dance team  
Except for counts 33-48, this dance is exactly identical to "Call From Glasgow" by Carmela Saliba

## ROCK STEPS, COASTER STEPS

1-2            Step left foot forward, rock back on right  
3&4           Step left foot back, step right foot beside left, step forward on left  
5-6           Step right foot forward, rock back on left  
7&8           Step right foot back, step left beside right, step forward on right

## ROCK RECOVER, CROSS SIDE CROSS, ROCK RECOVER, CROSS SIDE CROSS

1-2            Step left foot to left side, rock back on right foot  
3&4           Cross left foot over right, step right foot to right side, cross left foot over right  
5-6           Step right foot to right side, rock back on left foot  
7&8           Cross right foot over left, step left foot to left side, cross right foot over left

## HEEL/TOES, ROCK RECOVER, ½ TURN LEFT

1-2            Step left heel forward, drop left toe  
3-4            Step right heel forward, drop right toe  
5-6            Step left foot forward, rock back on right foot  
7&8            Step left foot ¼ turn left, step right foot next to left, step left foot ¼ turn to left

## KICK KICK, COASTER STEP, KICK KICK, COASTER STEP

1-2            Kick right foot forward twice  
3&4            Step right foot back, step left foot next to right, step forward on right  
5-6            Kick left foot forward twice  
7&8            Step left foot back, step right foot next to left, step forward on left

## WIZARD OF OZ STEPS, STEP PIVOT, FORWARD SHUFFLE

1-2            Step forward on right foot, cross left foot behind right  
&3-4           Step right foot to right side, step forward on left, cross right foot behind left  
&5-6           Step forward on left foot, step forward on right foot, pivot ½ turn left  
7&8            Step forward on right foot, step left foot beside right, step forward on right

## WIZARD OF OZ STEPS, STEP PIVOT, FORWARD SHUFFLE

1-2            Step forward on left foot, cross right foot behind left  
&3-4           Step left foot to left side, step forward on right, cross left foot behind right  
&5-6           Step forward on right foot, step forward on left foot, pivot ½ turn right  
7&8            Step forward on left foot, step right foot beside left, step forward on left

## SIDE SHUFFLE, ROCK RECOVER, SIDE SHUFFLE, ROCK RECOVER

1&2            Step right foot to right side, step left foot beside right, step right foot to right side  
3-4            Cross left foot behind right, recover back on right foot  
5&5            Step left foot to left side, step right foot beside left, step left foot to left side  
7-8            Cross right foot behind left, recover back on left foot

## ROCK RECOVER, ¾ TURN RIGHT

1-2            Step forward on right foot, recover back on left foot (begin turning body to the right)

3&4

Step right foot  $\frac{1}{4}$  turn to the right (continue turning body to the right), step left foot  $\frac{1}{4}$  turn right, step right foot  $\frac{1}{4}$  turn to the right (new wall)

**REPEAT**

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