

# Sunshine Polka

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 0      級數:  
編舞者: Jan Smith (UK)  
音樂: Hearts And Flowers - Dave Sheriff



**Position: Side by Side position. Lady's steps opposite unless specified**

## **RIGHT SHUFFLE, LEFT SHUFFLE**

1&2      Shuffle forward right, left, right (angle body to left)  
3&4      Shuffle forward left, right, left (angle body to right)

## **RIGHT SHUFFLE, LEFT SHUFFLE**

5&6      Shuffle forward right, left, right (angle body to left)  
7&8      Shuffle forward left, right, left (angle body to right)

## **STEP RIGHT PIVOT ½ LEFT PIVOT ¼ LEFT, RIGHT SIDE CLOSE SIDE**

9-10      Step right foot forward pivot ½ left (drop hands)  
11&12      Pivot ¼ on ball of left, step right to right side, close left to right, step, right to right side  
(rejoining hands)

## **CROSS BEHIND, POINT RIGHT. CROSS IN FRONT, TOUCH LEFT**

13-14      Cross left behind right, point right to right side  
15-16      Cross right in front of left, touch left by right

## **POLKA TURNING TO THE RIGHT X3, (TURNING 1 FULL CIRCLE) WALK, WALK**

The next three sideways shuffles are danced turning to the right one complete turn. Polka steps are danced in Closed Western Position

17-18      Shuffle sideways and turning, step left to left, close right to left, step left to left  
19-20      Shuffle sideways and turning, step right to right, close left to right, step right to right  
21-22      Shuffle sideways and, turning, step left to left, close right to left, step left to left  
23-24      Walk forward right, left

## **CROSS BEHIND, STEP SIDE, TOUCH HEEL SIDE, STEP RIGHT**

25-26      Cross right behind left, step left to left side  
27-28      Touch right heel to side (while angling body to face towards partner), step right beside left  
(while angling body back to face LOD)

## **KICK, STEP BACK, HOOK**

29-30      Touch left by right, kick left forward  
31-32      Step back onto left, hook right across left

## **REPEAT**