

Sunshine Cha Cha

COPPER KNOB
STEPPERS

拍數: 38 牆數: 2 級數: Intermediate line/contra dance
編舞者: Pat Pottage
音樂: Old Hippie - Bellamy Brothers



WALK RIGHT, LEFT, SHUFFLE. WALK LEFT, RIGHT, SHUFFLE

1-2 Walk forward right, left
3&4 Right shuffle forward
5-6 Walk forward left, right
7&8 Left shuffle forward

ROCK, RECOVER, SHUFFLE ½, ROCK, RECOVER, SHUFFLE ¾

1-2 Cross rock right over left, recover weight on left
3&4 Shuffle right, left, right turning ½ right
5-6 Cross rock left over right, recover weight on right
7&8 Shuffle left, right, left turning ¾ left

CROSS, STEP, SHUFFLE. CROSS, STEP, SHUFFLE

1-2 Cross right over left, step back on left
3&4 Shuffle right, left, right on the spot
5-6 Cross left over right, step back on right
7&8 Shuffle left, right, left on the spot

WEAVE LEFT, ROCK TURNING ½, RECOVER TURNING ½, RIGHT SHUFFLE

1-4 Cross right over left, step left to left, cross right behind left, step left to left
5-6 Turn ½ left on ball of left foot and rock forward on right, recover weight on left foot while turning ½ right
7&8 Right shuffle

WEAVE RIGHT, ROCK TURNING ½, RECOVER TURNING ½, LEFT SHUFFLE TURNING ¼

1-4 Cross left over right, step right to right, cross left behind right, step right to right
5-6 Turn ½ right on ball of right foot and rock forward on left, recover weight on right foot while turning ½ left

REPEAT
