

# Sunshine And Rainbow

**COPPER** KNOB  
STEPSHEETS

拍數: 64      牆數: 2      級數: Improver  
編舞者: Chad Manson (UK)  
音樂: Through My Window - Sandra Oxenryd



## **SIDE CHASSE, LEFT SAILOR, POINT, POINT, CROSS TOE STRUT**

1&2      Step right to right, close left beside right, step right to right  
3&4      Cross left behind right, step right to right, step left to place  
5-6      Point right toe over left, point right toe to right  
7-8      Point right toe over left, drop right heel taking weight

## **SIDE CHASSE, RIGHT SAILOR, POINT, POINT, CROSS TOE STRUT**

1&2      Step left to left, close right beside left, step left to left  
3&4      Cross right behind left, step left to left, step right to place  
5-6      Point left toe over right, point left toe to left  
7-8      Point left toe over left, drop left heel taking weight

## **½ RIGHT MONTEREY, ROCKING CHAIR**

1-2      Point right toe to right, ½ turn right step right beside left  
3-4      Point left toe to left, step left beside right  
5-6      Rock right forward, recover onto left  
7-8      Rock right back, recover onto left

## **SIDE, TOUCH, KICK TWICE, SIDE, TOUCH, KICK TWICE**

1-2      Step right to right, touch left beside right  
3-4      Kick right foot forward twice  
5-6      Step left to left, touch right beside left  
7-8      Kick left foot forward twice

## **BACK ROCK, ½ LEFT SHUFFLE, BACK SHUFFLE, BACK ROCK**

1-2      Rock right back, recover onto left  
3&4      ¼ turn left step right to right, ¼ turn left step left back, step right back  
5&6      Step left back, close right beside left, step left back  
7-8      Rock right back, recover onto left

## **POINT CROSS TWICE, WALK TWICE, CLAP TWICE**

1-2      Point right toe to right, cross right over left  
3-4      Point left toe to left, cross left over right  
5-6      Step right forward, step left slightly forward  
7-8      Clap twice

## **BACK TOE STRUT TWICE, TOUCH, PIVOT ½ RIGHT, FULL TURN RIGHT**

1-2      Step right toe back, drop right heel taking weight  
3-4      Step left toe back. Drop left heel taking weight  
5-6      Touch right toe back, unwind ½ turn right taking weight on right  
7-8      ½ turn right step left back, ½ turn right step right forward

## **LEFT VINE, KICK BALL CHANGE TWICE**

1-2      Step left to left, cross right behind left  
3-4      Step left to left, touch right beside left  
5&6      Kick right forward, step right beside left, step left in place

7&8

Kick right forward, step right beside left, step left in place

**REPEAT**

**RESTART**

On wall 2, dance to count 32, then restart dance

On wall 5, dance to count 40, then restart dance

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