

Sunshine & Love

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Wrangler (Rozanne) Wild (AUS)
音樂: Sunshine and Love - Jessica Andrews



DIAGONAL STEP FORWARD, LOCKING SHUFFLE, 1/8 TURN, STEP SIDE, ¼ TURN, STEP SIDE, SWEEP, STEP, SWEEP, STEP TOUCH, BALL STEP, ½ TURN STEP TOGETHER

- 1-2&3 Step left forward at 45 degrees right, step right forward on diagonal, lock step left behind right, step right forward on diagonal
- &4 Turning 45 degrees right step left to side, turning ¼ right step right to side (6:00)
- 5-6 Sweep left in arc & step forward, sweep right in arc & step forward
- 7&8& Touch left toe forward, step ball of left back slightly, step right forward. On ball right turn ½ right & step left beside right (12:00)

TOUCH BACK, ½ TURN, STEP BACK, TOUCH BACK, ½ TURN, ROCK BACK, FORWARD, COASTER

- 1-2-3&4 Touch right back, turn ½ right (weight left). Step right back, touch left back (&), turn ½ left end weight right with left toe forward (12:00)

Easy option counts 1-4: rock back on right, rock forward on left, step right forward, step left beside right, step right back

- 5-6-7&8 Rock back on left, rock forward on right, step left forward, step right beside left, step left back (coaster) ending

CROSS STEP, HOLD, STEP SIDE, ROCK BEHIND, REPLACE, SIDE SHUFFLE, ¼ TURN SAILOR

- 1-2 Cross step right over left, hold
- &3-4 Step left to side, rock right behind left (angle body to right diagonal), replace weight left (straighten to front)
- 5&6-7&8 Side shuffle right stepping right, left, right. Step left behind right, turn ¼ left stepping right to side, step left to side (9:00)

CROSS STEP, HOLD, STEP SIDE, ROCK BEHIND, SIDE SHUFFLE, TOUCH BEHIND, UNWIND ¾

- 1-2 Cross step right over left, hold
- &3-4 Step left to side, rock right behind left (angle body to right diagonal), replace weight left (straighten to front)
- 5&6-7-8 Side shuffle right stepping right, left, right. Touch left behind right, unwind ¾ left (end weight left) (12:00)

DOROTHY RIGHT & LEFT, ROCK FORWARD, BACK, ½ TRIPLE

- 1-2& Step right forward at 45 degrees right, lock step left behind right, step right to side (Dorothy)
- 3-4& Step left forward at 45 degrees left, lock step right behind left, step left to side (Dorothy)
- 5-6-7&8 Rock step right forward, rock back on left, turning ½ right triple step right, left, right (option: 1-½ turn triple) (6:00)

STEP FORWARD, SWEEP 1/8 TURN, CROSS SAMBA 1/8 TURN. REPEAT

- 1-2 Step left forward, sweep right around to side and on ball of left turn 45 degrees left to face left diagonal (5:00)
- 3&4 Step right over left, turning 45 degrees right (to face back wall) step left back, step right to side (x samba 1/8 turn) (6:00)
- 5-6 Step left forward, sweep right around to side and on ball of left turn 45 degrees left to face left diagonal (5:00)
- 7&8 Step right over left, turning 45 degrees right (to face back wall) step left back, step right to side (x samba 1/8 turn)

STEP ACROSS, SIDE, BACK, STEP ACROSS, SIDE, BACK, STEP ACROSS, HEEL JACK, ROCK BACK, REPLACE

1-2& Step left over right, step right to side, step left slightly back

3-4& Step right over left, step left to side, step right slightly back

5&6-7-8 Step left over right, step right back at 45 degrees right, touch left heel forward. Rock back on left, rock forward on right restart **

STEP FORWARD, FORWARD, ½ PIVOT, ½ SPIN, TOGETHER, TOUCH SIDE, ROCK BEHIND, REPLACE, ROCK SIDE, REPLACE

1-2-3&-4 Step left forward, step right forward, pivot ½ left, on ball of left spin ½ left, step right beside left, touch left toe to side

5-6-7-8 Rock step left behind right, replace weight right, rock step left to side, replace weight right (6:00)

Easy option counts 1-4: step left forward, rock step right forward, rock back on left, step right beside left, touch left toe to side

REPEAT

RESTART

On wall 2, dance counts 1-56 only. Restart from count 1. Will be facing front wall

ENDING

Dance counts 1-16 dragging right heel back to left after coaster
