

Sunshine

拍數: 32 牆數: 4 級數: Improver east coast swing
編舞者: Judy Cain (USA)
音樂: You Are My Sunshine - Ray Charles



This dance was inspired by two very important things in my life: Carol Craven's newsletter & sunshine

SHUFFLE SIDE CROSS ROCK

1&2 Step right to right, left next to right, right to right
3-4 Cross left over right, right in place
5&6 Step left to left, right next to left, left to left
7-8 Cross right over, step left to left

2 SAILOR SHUFFLES WITH ¼ LEFT TURN, KICK BALL CHANGE, ¼ PIVOT

1&2 Step ball of right behind left, left to left, right to right
3&4 Step ball of left behind right, right to right, make a ¼ left turn step forward on left
5&6 Low right kick forward, step on back ball of right, step forward on left
7-8 Step right forward, make a ¼ left turn, step left in place

CROSS SHUFFLE SIDE ROCK, CROSS SHUFFLE ¼ TURN

1&2 Step right over left, left to left, right over left
3-4 Step left to left, right in place
5&6 Step left over right, right to right, left over right
7-8 Step right back making a ¼ left turn, left in place

SHUFFLE, ½ PIVOT, SHUFFLE ½ TURN, ROCK STEP

1&2 Step right forward, left next to right, right forward
3-4 Step left forward making a ½ right turn, step right in place
5&6 Step left making ¼ right turn, right beside left, back on left making ¼ right turn
7-8 Step back on right, rock left in place

REPEAT
