

Sunset Dreaming

拍數: 32 牆數: 4 級數:
編舞者: Kylie Brown
音樂: Djapana (Sunset Dreaming) - Yothu Yindi



INTRODUCTION SHIMMIES

The following 16 counts start with the beat of the music, these patterns are traveling forward with a lot of attitude.

- 1 Stomp right forward bending the knees and slightly crouching down while shaking the shoulders once
- 2-3 Shake shoulders twice more, with each shake rise up
- 4 Stomp left next to right and straighten up fully with a clap
- 5-8 Repeat the previous four counts starting with the left foot
- 9-16 Repeat the previous eight counts

THE MAIN DANCE

SHIMMIES, SYNCOPATED SIDE STEPS

- 1-8 Repeat the previous eight steps for the start of the dance
- &1-2 Step right to right, step left slightly to left, hold (weight on left)
- &3&4 Keeping weight on left, move hips slightly right, left, right, left
- &5-6 Step right to center, step left to left, hold (weight on left)
- &7-8 Step right to center, step left to left, touch right beside and clap

1 ¼ TURN, TOUCH, CROSS BEHIND

- 1-4 Traveling to right, step right, left, right, turning, ¼, ½, ½, step left next to right
- 5-6 Touch right toe to right, step right crossing behind left
- 7-8 Touch left toe to left, step left crossing behind right

REVERSED SAILOR SHUFFLES, TOUCH, CROSS BEHIND, ½ TURN

- 1&2 Step right to right, step onto left, step right crossing behind left
- 3&4 Step left to left, step onto right, step left crossing behind right
- 5-6 Touch right to right, step right crossing behind left bending knees
- 7-8 Turn ½ turn left on ball of right foot with left foot stretched out and pointing forward, step left next to right bending knees ready to start again

REPEAT
