

Sunrise (P)

拍數: 40 牆數: 0 級數: Partner
編舞者: Nicki Higgs
音樂: That Don't Impress Me Much - Shania Twain



Position: Side-by-Side (Sweetheart)

1-2 Left foot kick forward twice
3-4 Left step back, right touch back next to left
5-6 Right foot step forward, pivot ½ turn left

Both dropping right hands and raising left hands

7-8 Right foot step forward, pivot ½ turn left

Rejoin hands

9-10 Right step forward, left touch behind right
11-12 Left step forward, right touch behind left
13&14 Right shuffle forward (right-left-right)
15&16 Left shuffle forward (left-right-left)

Both dropping left hands and raising right hands, lady goes under

17-19 **MAN:** Right step basic 3 step vine to the right
 LADY: Right step making full turn 3 step rolling vine right
20 **MAN:** Left step next to right (weight even)
 LADY: Left step next to right (weight even)

Rejoin hands in sweetheart position

21-24 Heel swivels (on the spot) both heels right, left, right, left & right

Both drop right hands and raise left hands, man goes under

25-27 **MAN:** Left step make full turn 3 step rolling vine to left
 LADY: Left step basic 3 step vine to left
28 **MAN:** Right step next to left (weight even)
 LADY: Right step next to left (weight even)

Rejoin hands in sweetheart position

29-32 BOTH: Repeat steps 21-24 (swivels)

33-34 Left foot step forward, pivot ¼ turn right

Both facing OLOD

35&36 Left shuffle making ½ turn right

Dropping right hands and rejoin behind man. Lady behind man. Both facing ILOD

37-38 Right step to right side, left step behind right
39 Right step to right side making ¼ turn right

Both back into LOD sweetheart position

40 Left brush forward

REPEAT

On the heel swivels you may do applejacks or hip bumps as an alternative