

Sunny

COPPER KNOB
BY STEPHEN HETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Doug Miranda (USA) & Jackie Snyder (USA)
音樂: Sunny - Boney M.



SIDE ROCK RIGHT, RECOVER LEFT, BEHIND, SIDE, CROSS, SIDE ROCK LEFT, RECOVER RIGHT, BEHIND, SIDE, CROSS

- 1-2 Rock to right side, recover on left
- 3&4 Step right behind left, step left to left side, cross right in front of left
- 5-6 Rock left to left side, recover on right
- 7&8 Step left behind right, step right to right side, cross left in front of right

POINT RIGHT TO SIDE, ½ TURN RIGHT, SIDE SHUFFLE LEFT, ROCK BEHIND, RECOVER, ¼ TURN LEFT TRIPLE STEP BACK

- 1-2 Point right toe to right side, make a ½ turn right with weight ending on right next to left (like a Monterey turn)
- 3&4 Side shuffle to left side left-right-left
- 5-6 Rock back on right, recover on left
- 7&8 Turn ¼ turn left as you triple step traveling back right-left-right

ROCK BACK LEFT, RECOVER RIGHT, LEFT STEP LOCKS FORWARD, RIGHT STEP LOCKS FORWARD, ROCK LEFT FORWARD, RECOVER RIGHT

- 1-2 Rock back on left, recover right
- 3&4 Step lock forward left-right-left
- 5-6 Step lock forward right-left-right
- 7-8 Rock forward on left, recover on right

½ TURN LEFT SHUFFLE, FULL TURN LEFT (2 ½ TURNS LEFT), ROCK RIGHT FORWARD, RECOVER LEFT, BACK RIGHT COASTER STEP

- 1&2 Make a ½ turn left as you shuffle left-right-left
- 3-4 Turn ½ turn left as you step back on right, turn ½ turn left as you step forward on left (full turn left moving forward)
- 5-6 Rock forward on right, recover on left
- 7&8 Step right back, step left next to right, step right forward (back right coaster step)

POINT LEFT TO SIDE, CROSS, POINT RIGHT TO SIDE, CROSS, ROCK LEFT FORWARD, RECOVER RIGHT, ½ TURN LEFT, SHUFFLE FORWARD

- 1-4 Point left toe to left side, cross left over right, point right toe to right side, cross right over left
- 5-6 Rock forward on left, recover on right
- 7&8 Make a ½ turn left as you shuffle forward left-right-left

POINT RIGHT TO SIDE, CROSS, POINT LEFT TO SIDE, CROSS, ROCK RIGHT FORWARD, RECOVER LEFT, ¼ TURN RIGHT, SHUFFLE TO RIGHT SIDE

- 1-4 Point right toe to right side, cross right over left, point left toe to left side, cross left over right
- 5-6 Rock forward on right, recover on left
- 7&8 Make a ¼ turn right as you side shuffle to right side right-left-right

ROCK LEFT FORWARD, RECOVER RIGHT, ROCK BACK LEFT, RECOVER RIGHT, SYNCOPATED VINE LEFT, RIGHT KNEE BEND

- 1-4 Rock forward on left, recover on right, rock back on left, recover on right
- 5&6 Step left to left side, step right behind left, step left to left side
- &7-8 Cross right over left, step left to left side, bend right knee inwards (weight is still on left)

POINT RIGHT TO RIGHT SIDE, ½ TURN RIGHT, POINT LEFT TO LEFT SIDE, ½ TURN LEFT, POINT RIGHT TO RIGHT SIDE, STEP RIGHT DOWN, BACK LEFT COASTER STEP

- 1-2 Point right to right side, as you pivot on the ball of right foot turn ½ turn right (similar to a Monterey turn, weight is on right)
- 3-4 Point left to left side, as you pivot on the ball of left foot turn ½ turn left (similar to a Monterey turn, weight is on left)
- 5-6 Point right to right side, step down on right bringing weight to right
- 7&8 Step back on left, step right next to left, step forward on left (left back coaster step)

REPEAT
