The Sundowner Shuffle (P)



編舞者: Don Stagner (USA) & Chrissy Stagner (USA)

音樂: Roll On Eighteen Wheeler - Alabama



Ladies and men are dancing the same footwork!

HEFI	CROSS HEE	., TOGETHER, I	HEEL CI	ROSS HEFT	BACK STEP	KICK BACK	CTOUCH
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1 Rial	ht heel forward

2 Right heel cross over left leg shin level

3 Right heel forward

4 Right foot step beside left foot. With weight change

5 Left heel forward

6 Left heel cross over right leg shin level

7 Left heel forward

8 Left foot swing back with left toe touch

9 Left foot step forward

10 Right foot kick with knee bent (hitch-kick)

11 Right foot step straight back

12 Left foot. Step back with left toe touch

STEP, KICK, BACK, TOUCH

13-16 Repeat counts 9-12

STEP, TUCK, STEP, KICK, BACK, TOUCH, STEP, KICK, BACK, TOUCH

17 Left foot step forward

18 Right foot. Slide/tuck to the left side of left foot

19 Left foot step forward

20 Right foot kick with right hitch-kick

21 Right foot step back

22 Left foot step straight back with toe touch

23 Left foot step forward

24 Right foot kick with hitch-kick

25 Right foot step back

26 Left foot step straight back with toe touch

3 FORWARD SHUFFLES BEGINNING WITH LEFT SHUFFLE

27&28	Left shuffle forward (left-right-left) forward & 2
29&30	Right shuffle forward (right-left-right) turn & 2
31&32	Left shuffle forward (left-right-left) around & 2

REPEAT

As you shuffle in the last 6 counts of the dance, you will complete a full turn. Release the right hands on the shoulder. Lead her into a forward shuffle extending the left hands forward on the left shuffle. As you begin the right shuffle, raise the left hands and turn ½ turn left both turning while man turns under his own arm. Continue turning as a couple and now the couple will complete the turn with the left shuffle turning ½ turn left over lady's end facing line of dance in a side-by-side position. All shuffles are tandem shuffles down line of dance. Do not stop the flow of the dance by turning in place.