

Sundown Mambo

COPPER KNOB
STEPSHEETS

拍數: 0 牆數: 4 級數: Improver mambo
編舞者: Wayne Whalen (USA)
音樂: When the Sun Goes Down - Kenny Chesney & Uncle Kracker



Sequence: A, A, B, A

PART A

1&2 Rock to left side on left foot, step right foot in place, step left foot in place beside right foot
3&4 Rock to right side on right foot, step left foot in place, step right foot in place beside left foot
5&6 Rock to forward on left foot, step right foot in place, step left foot in place beside right foot
7&8 Rock back on right foot, step left foot in place, step right foot in place beside left foot
9-10 Step forward on left making a ½ turn right while shifting weight to right foot
11-12 Repeat steps 9&10, weight ending on right foot

SHUFFLE STEPS

13&14 Step left foot forward, slide right beside left, step left foot forward
15&16 Step right foot forward, slide left beside right, step right foot forward

¼ TURN RIGHT WITH CHASSE RIGHT

&17 Cross left over right making a ¼ turn right, step right foot behind left
&18 Step left foot over right, step right foot behind left
&19&20 Repeat steps &18

A WALK AROUND TO FACE ORIGINAL WALL

21 Step right foot to right making a ¼ turn right
22 Step left foot forward making a ½ turn right
23 Step right foot in place transferring weight onto right
24 Step left foot forward

JAZZ BOX WITH ¼ TURN LEFT

25 Step right foot over right making a ¼ turn left
26 Step left beside right
27 Step right to right side
28 Touch left beside right

JUMPING JACKS

&29 Jump with legs apart, land with feet apart
&30 Jump and cross legs right over left, land with legs crossed
31 Unwind to left with weight on right foot
32 Hold

PART B

1&2 Rock to left side on left foot, step right foot in place, step left foot in place beside right foot
3&4 Rock to right side on right foot, step left foot in place, step right foot in place beside left foot
5&6 Rock to forward on left foot, step right foot in place, step left foot in place beside right foot
7&8 Rock back on right foot, step left foot in place, step right foot in place beside left foot

9&10 Touch left foot 45 degrees to left and bump hip right, put heel down and transfer weight to left
11&12 Touch right foot 45 degrees to right and bump hip left, put heel down and transfer weight to right
13&14 Touch left foot 45 degrees to left and bump hip right, put heel down and transfer weight to left

15&16

Touch right foot 45 degrees to right and bump hip left, put heel down and transfer weight to right
