Sundown In Nashville (P)



拍數: 48 牆數: 0 級數: Partner

編舞者: Allan Mitchell & Patricia Mitchell 音樂: Sundown in Nashville - Marty Stuart



Position: Right Side By Side Position (Sweetheart). Same steps for both unless stated

LEFT & RIGHT TWINKLES

1-3 Left step across right, right step side right, left step slightly side left
4-6 Right step across left, left step side left, right step slightly side right

LEFT STEP FORWARD, ½ TURN RIGHT, RIGHT STEP BACK

1-3 Left step forward, pivot ½ turn right, drag right past left

4-6 Right step back, drag left up to right (2 counts, weight stays on right)

Now in left side by side facing RLOD (the last 6 counts are a slow continuous movement, lady ending slightly forward of man)

LEFT & RIGHT TWINKLES

1-3 Left step across right, right step side right, left step slightly side left
4-6 Right step across left, left step side left, right step slightly side right

LEFT STEP FORWARD, ½ TURN LEFT, RIGHT STEP BACK

1-3 Left step forward, pivot ½ turn left, drag right past left

4-6 Right step back, drag left up to right. (2 counts, weight stays on right)

Now back in right side by side facing LOD (the last 6 counts are a slow continuous movement, lady ending slightly forward of man)

LEFT & RIGHT STEP LOCK STEP

1-3 Left step forward, right lock step behind left, left step forward
4-6 Right step forward, left lock step behind right, right step forward

MAN: SMALL ROCK FORWARD / LADY: 1/2 TURN LEFT

1-3 MAN: Left small step forward, hold for 2 counts

LADY: Left step forward, turn ½ left, hold for 1 count (right arm over lady's head)

4-6 **MAN:** Rock back on right, hold for 2 counts. (now facing each other, arms crossed in front)

LADY: Small step back on right, hold for 2 counts

CROSS ROCK & SIDE TWICE

1-3 Left step across right, rock back onto right, left step side left

Release right hands, left palm to palm rocking towards left shoulders

4-6 Right step across left, rock back onto left, right step side right

Release left hands, right palm to palm rocking towards right shoulders

MAN: BASIC FORWARD / LADY: 1 ½ TURN RIGHT, BASIC FORWARD

1-3 **MAN:** Step forward left, right, left. (raise right hand)

LADY: Step back on left, right makes ½ turn right & steps forward, left makes ½ turn right &

steps back

Optional ½ turn instead of 1 ½ turn right

4-6 **MAN:** Step forward right, left, right. (back into right side by side)

LADY: Right makes ½ turn right & steps forward, step forward on left, step forward on right

REPEAT

