

Sundays

拍數: 32 牆數: 4 級數: Improver
編舞者: Ingemar Kardeskog (SWE)
音樂: Everyday Is Like Sunday - Morrissey



KICKBALL STEP, ROCK, RECOVER, BEHIND, SIDE, CROSS, SIDE ROCK

1&2 Kick right forward, step right beside left, step left forward
3-4 Rock right forward, recover onto left
5&6 Step right back behind left, step left to left side, cross right over left
7-8 Rock left to left side, recover onto right

CROSS SHUFFLE, ¼ TURN, ¼ TURN, CROSS, STEP, SAILOR ¼ TURN

1&2 Cross left over right, step right to right side, cross left over right
3-4 Turn ¼ left stepping right back, turn ¼ left stepping left to left side
5-6 Cross right over left, step left to left side
7&8 Sweep right behind left turning ¼ right on ball of right, step left beside right, step right forward

¼ TURN POINT, HEEL PUSH, ½ TURN POINT, HEEL PUSH, DIAGONAL SHUFFLE FORWARD TOWARDS LEFT CORNER, STEP, TOUCH

1-2 Turn ¼ right on ball of right pointing left to left, push down heel and take weight on left
3-4 Turn ½ right on ball of left pointing right to right, push down heel and take weight on right
5&6 Step left forward, close right beside left, step left forward diagonally towards left corner
7-8 Step right diagonal forward towards left corner, touch left beside right instep

DIAGONAL STEP TOWARDS LEFT, CROSS, FULL TURN LEFT, SAILOR ¼ TURN, WALK, WALK

1-2 Step left diagonally forward towards left corner, cross right over left
3-4 Turn ½ left stepping left forward, turn ½ left stepping right back
5&6 Sweep left behind right turning ¼ left on ball of left, step right beside left, step left forward
7-8 Walk right forward, walk left forward

REPEAT
