

# Sunday Stroll

COPPERKNOB  
STEPSHEETS

拍數: 32      牆數: 0      級數:  
編舞者: Donna Eidinger (USA)  
音樂: Born to Run - Emmylou Harris



- 1            Step forward onto right foot
- 2            Step forward onto left foot
- 3            Step forward onto right foot
- 4            Chug (hop on right foot and bring left foot up in front with toe pointed up and out slightly)
  
- 5            Step back onto left foot
- 6            Step forward onto right foot
- 7            Chug
- 8            Step onto left foot
  
- 9-10        Touch right foot out to right side and bring it back next to left
- 11-12      Touch left foot out to left side and bring it back next to right
  
- 13-14      Touch right foot out to side and bring it back next to left
- 15-16      Touch left foot out to left side and bring it back next to right
  
- 17-18      Touch right heel out in front and touch right toe straight back
- 19-20      Touch right heel out in front and touch right toe straight back
  
- 21-22      Step forward onto right foot and pivot  $\frac{1}{4}$  turn to left on left heel
- 23          Stomp right foot next to left
- 24          Stomp left foot next to right
  
- 25-26      Put right heel out at slight angle out in front and bring it back
- 27-28      Put left heel out at slight angle in front and bring it back
  
- 29-30      Heel split (pigeon)
- 31-32      Heel split (pigeon)

**REPEAT**

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