

Sunday Shimmy

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Jill Palmer & Jodie Wilkinson
音樂: Two Teardrops - Steve Wariner



HIP BUMPS, ROCK FORWARD, ROCK BACK

1-4 Bump hips right, left, right, left
5&6 Rock forward on right, rock back, coaster step
7&8 Rock forward on left, rock back, coaster step

GRAPEVINE, ROLLING GRAPEVINE, SHIMMIES

1-4 Step right forward step left behind right step right to right side, touch left to side of right
1-4 Turning over left shoulder, step left, step right, step left at the same time turning $\frac{3}{4}$ turn left

SHIMMIES, KICK AND CROSS TWICE

1&2 Step left to left side shaking shoulders, (shimmy)
1&2 Step left to left side shaking shoulders, (shimmy)
1&2 Kick out right, cross left over right
1&2 Kick out right, cross left over right, rock out on right to right side

CROSS UNWIND, $\frac{3}{4}$ TURN $\frac{1}{2}$ TURNING TO LEFT

1-4 Cross right over left, unwind over left shoulder making $\frac{3}{4}$ turn
1&2 Step forward on right making $\frac{1}{2}$ turn over left shoulder
3&4 Stomp right foot to side of left and clap

REPEAT
