

Sunday Morning

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver
編舞者: Lisa Whittaker
音樂: You're Like A Sunday Morning - Lonestar



RIGHT HEEL FORWARD AND BACK, RIGHT SHUFFLE

1-2 Right heel forward and right heel back
3-4 Right shuffle

STEP FORWARD LEFT, TOE TAP, RIGHT FOOT BACK STEP LOCK STEP

5-6 Step forward on left, tap right toe behind left foot
7-8 Step back right foot, lock left foot in front of right foot, step back right foot

ROCK LEFT, RIGHT CROSS SHUFFLE, ROCK RIGHT WITH A QUARTER TURN LEFT, STOMP RIGHT, STOMP LEFT

9-10 Rock left foot out to left
11-12 Cross shuffle left foot over right
13-14 Rock right foot out to right, turning quarter turn left
15-16 Stop right foot, stomp left foot

STEP LEFT SIDE CLOSE SIDE CLOSE SIDE, ROCK BACK ON RIGHT

1-2-3-4 Step left foot to left side, close right next to left, step left to left side close right next to left
5-6 Rock back right foot behind left

RIGHT SIDE CLOSE SIDE CLOSE SIDE, ROCK BACK ON LEFT

7-8 Step right foot to right side, close left next to right, step right to right side
9-10 Rock back left foot behind right

GRAPEVINE LEFT WITH SYNCOPATED CROSS AND UNWIND, ROCK LEFT AND LEFT COASTER STEP

11-12 Step left foot to left side, put right foot behind left foot and step left foot to left side
13-14 Cross right foot over left and unwind to the left
15-16 Rock left foot to left side, bring left foot back, bring right foot back and step left foot forward

REPEAT

TAG

After part 1 on the 4th wall:

1-6 Kick ball change right foot twice, 2 stomps right
7-12 Kick ball change left foot twice, 2 stomps left

Start at part 1 again