Sun-Arise



拍數: 32 牆數: 4 級數: Improver

編舞者: Beryl Peters (UK)

音樂: Tequila Sunrise - Eagles



ROCK, ROCK, SHUFFLE ½ TURN, STEP ¼ TURN, CROSS SHUFFLE

1	Rock forward	onto right foot

2 Rock back onto left foot making a ¼ turn to the right

3&4 Step to the side with right foot, step left foot next to right, step to the right with the right foot

making a ¼ turn to the right

5 Step forward with left foot making a ¼ turn to the right

6 Step to the side onto left foot

7&8 Cross left foot over right foot, bring right foot just behind left foot, cross left foot over right foot

2X ¼ TURNS TO LEFT, ROCK, ROCK, SIDE CHASSE WITH ¼ TURN, STEP ¼ TURN

1	Making a ¼ turn to the left step back onto right foot
2	Making a ¼ turn to the left, step to the side with left foot

Rock right foot over leftRock back onto left

5&6 Step to right side with right foot bring left foot to right, step right foot to right making a ¼ turn

to the right

7&8 Step forward with left foot making a ¼ turn to the right, step to side with right foot

WEAVE, SWEEP, WEAVE AND POINT

1	Cross left foot over right foot
2	Step to right side with right foot
3	Cross left foot behind right foot
4	0

4 Sweep right foot around from the front to the side

Cross right foot behind left foot
 Step to left side with left foot
 Cross right foot over left foot
 Point left foot to left side

STEP POINT, MONTEREY TURN, ROCK, ROCK, LEFT COASTER STEP

1	Step forward with left foot
2	Point right foot to right side

3 Making a ½ turn to the right, step right foot next to left foot

4 Point to the left with left foot
5 Rock forward onto left foot
6 Rock back onto right foot

7&8 Step back onto left foot, bring right foot next to left, step forward onto left foot

REPEAT