

# Sun Up

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Mary Kelly (UK)  
音樂: Sunrise - Simply Red



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## WALK FORWARD RIGHT/LEFT - HEEL SWITCHES - STEP ½ PIVOT - SHUFFLE FORWARD

1-2      Walk forward right, left  
3&      Tap right heel forward, close right beside left  
4&      Tap left heel forward, close left beside right  
5-6      Step forward on right, pivot ½ turn left  
7&8      Step forward right, close left beside right, step forward right

## WALK FORWARD LEFT/RIGHT - HEEL SWITCHES - STEP ¼ PIVOT - CROSS SHUFFLE

9-10      Walk forward left, right  
11&      Tap left heel forward, close left beside right  
12&      Tap right heel forward, close right beside left  
13-14      Step forward on left, pivot ¼ turn right  
15&16      Cross left over right, step right on right, cross left over right

## RIGHT STEP, SLIDE, KICK BALL CROSS, LEFT STEP, SLIDE, KICK BALL CROSS

17-18      Big step right on right, slide left up to right without weight  
19&20      Kick left forward, close left beside right, cross right over left  
21-22      Big step left on left, slide right up to left without weight  
23&24      Kick right forward, close right beside left, cross left over right

## ¼ LEFT, ¼ LEFT, RIGHT CROSS - SIDE ROCK, CROSS, ¼ LEFT, ¼ LEFT SHUFFLE

25-26      Pivoting ¼ left on ball of left - step back right, step back ¼ left on left  
27&28      Cross right over left, rock left on left, rock in place on right  
29-30      Cross left over right, pivoting ¼ left on ball of left - step back right  
31&32      Pivoting ¼ left on ball of right - step left on left, close right beside left, step left on left

**REPEAT**

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