

# Sun Arise

**COPPER** **KNOB**  
BY STEPHEN BRETZ

拍數: 56      牆數: 2      級數: Improver  
編舞者: Doug Miranda (USA) & Jackie Snyder (USA)  
音樂: Sun Arise - Graeme Connors



## **CROSS RIGHT OVER LEFT, POINT LEFT TO LEFT SIDE, CROSS LEFT OVER RIGHT, POINT RIGHT TO RIGHT SIDE, ROCK FORWARD, BACK, ½ TURN RIGHT, HOLD**

1-2-3-4      Cross right over left, point left to left side, cross left over right, point right to right side  
5-6-7-8      Rock forward on right, back on left, turn ½ turn right as you step forward on right, hold

## **CROSS LEFT OVER RIGHT, POINT RIGHT TO RIGHT SIDE, CROSS RIGHT OVER LEFT, POINT LEFT TO LEFT SIDE, ROCK FORWARD, BACK, ½ TURN LEFT, HOLD**

1-2-3-4      Cross left over right, point right to right side, cross right over left, point left to left side  
5-6-7-8      Rock forward on left, back on right, turn ½ turn left as you step forward on left, hold

## **STEP FORWARD RIGHT, TAP LEFT BEHIND, STEP BACK LEFT, RONDE ½ TURN RIGHT, STEP DOWN RIGHT, HOLD, ½ TURN LEFT, HOLD**

1-2-3-4      Step forward right, tap left toe behind right, step back on left, sweep right toe ½ turn right  
5-6-7-8      Step down on right, hold, turn ½ turn to left, hold

## **¼ TURN LEFT, ¼ TURN LEFT, CROSS TOE STRUT, SIDE TOE STRUT**

1-2      Step forward on right, turn ¼ turn left  
3-4      Repeat steps 1-2 above  
5-6-7-8      Cross right toe over left, bring right heel down, step left toe to left side, bring left toe down

## **ROCK BACK ¼ TURN RIGHT, RECOVER LEFT, ¾ TURN LEFT, CROSS TOE STRUT, SIDE TOE STRUT**

1-2      Rock back on right as you turn ¼ right, recover on left  
3-4      Begin ¾ turn to left by turning ¼ left while stepping right to right side, turn ½ turn left stepping left to left side  
5-6-7-8      Cross right toe over left, bring right heel down, step left toe to left side, bring left toe down

## **ROCK BACK ¼ TURN RIGHT, RECOVER LEFT, ¾ TURN LEFT, ROCK FORWARD, RECOVER BACK, ROCK BACK, RECOVER FORWARD**

1-2      Rock back on right, as you turn ¼ right, recover on left  
3-4      Begin ¾ turn to left by turning ¼ left while stepping right to right side, turn ½ turn left stepping left to left side  
5-6-7-8      Rock forward on right, recover back on left, rock back on right, recover forward on left

## **HITCH RIGHT KNEE, TURN ¼ RIGHT, STEP DOWN, HOLD, TURN ¼ LEFT, RAISE LEFT ARM UP AND OUT TO LEFT WITH HOLD**

1-2-3-4      Hitch right knee, turn ¼ turn right, step down on right, hold  
5-6-7-8      Turn ¼ left and step down on left for count 5, and raise left arm up slowly for counts 5-8 to left angle, eyes following arm as a gesture to the "rising sun" as you hold weight on left

## **REPEAT**

## **ENDING TO DANCE**

To face the front(beginning) wall at the end of the dance: after counts 49-52, eliminate counts 53-56 and bring left toe behind right. Turn slowly ½ turn to left to face the front wall and slowly raise both arms from hip level up to head level in an outward circular motion.