

Sumthin' Good

COPPER KNOB
BY STEPHENETS

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Kelli Haugen (NOR)
音樂: I'm Into Something Good - Herman's Hermits



SIDE, BEHIND, STEP, HEEL, STEP, CROSS (2X)

- 1-2&3&4 Step right foot to right, cross left foot behind right, step right foot to right, touch left heel diagonally forward left, step back on left foot, cross right foot over left
- 5-6&7&8 Step left foot to left, cross right foot behind left, step left foot to left, touch right heel diagonally forward right, step back on right foot, cross left foot over right

STEP, CROSS, STEP, TOUCH BACK, ½ TURN, ROCK, RECOVER, COASTER

- &1-2-3-4 Step right foot to right, cross left foot over right, step right foot to right, touch left toe back, ½ turn left on left foot
- 5-6-7&8 Rock forward on right foot, recover back on left foot, step back on right foot, step left foot next to right foot, step slightly forward on right foot

STEP, TOUCH, STEP, TOUCH, CROSS BACK ¼ TURN, TOUCH, CROSS BACK, SWEEP ¼ TURN

- 1-2-3-4 Step left foot in front of right foot, touch right toe to right, step right foot in front of left foot, touch left toe to left
- 5-6-7-8 Cross left foot behind right foot and make a ¼ turn left on left foot, touch right toe to right, cross right foot behind left foot, sweep left foot from front to left side making a ¼ turn left on right foot

SAILOR, TRIPLE, ROCK, RECOVER, STEP, ROCK, RECOVER

- 1&2-3&4 Cross left foot behind right foot, step right foot to right, step left and slightly forward on left foot, triple forward right, left, right
- 5-6&7-8 Rock forward on left foot, recover back on right foot, step left foot next to right, rock forward on right foot, recover back on left foot

COASTER, TRIPLE, STEP, ¼ TURN, STEP, ¼ TURN

- 1&2-3&4 Step back on right foot, step left foot next to right, step slightly forward on right foot, triple forward left, right, left
- 5-6-7-8 Step forward on right foot, ¼ turn left on left foot, step forward on right foot, ¼ turn left on left foot

WALK, WALK, TOUCH, STEP BACK, COASTER, HITCH BALL STEP

- 1-2-3-4 Walk forward on right, left, touch right toe behind left foot, step back on right foot
- 5&6-7&8 Step back on left foot, step right foot next to left, step slightly forward on left foot, lift right knee forward, step back on ball of right foot, step forward on left foot

REPEAT

TAG

During the 3rd wall (facing front) after count 36. The last 4 counts you do before the tag will be coaster, triple

- 1&2 Do the last 2 counts of the dance hitch ball step, 7&8, then start the dance again