

Summer Bang

拍數: 32 牆數: 4 級數: Improver
編舞者: Bea Faling (NL)
音樂: She Bangs - Ricky Martin



STEP FORWARD, FORWARD SHUFFLE, PIVOT ¼ TURN, CHASSE LEFT

1-2 Step right forward, step left next to right
3&4 Step right forward, step left next to right, step right forward
5-6 Step left forward, pivot ¼ turn to right
7&8 Step left to left side, step right next to left, step left to left side

CROSS, BACK ¼ RIGHT, CHASSE RIGHT, ROCK LEFT FORWARD, CHASSE LEFT

1-2 Cross step right over left, ¼ turn right stepping back on left
3&4 Step right to right side, step left next to right, step right tot right side
5-6 Rock step left over right, recover on right
7&8 Step left to left side, step right next to left, step left to left side

SHOULDER MOVES, ROCK LEFT FORWARD, SYNCOPATED WEAVE

1-2 Step right forward and lift right shoulder, replace weight on left en lift left shoulder
3&4 Put weight on right and lift right shoulder, put weight on left and lift left shoulder, put weight on right and lift right shoulder
5-6 Rock step left forward, recover on right while swaying left leg around and back
7&8 Cross step left behind right, step right to right side, cross step left over right

TOUCH AND FLICK, CROSS SIDE CLOSE, CROSS TURN ¼, SHUFFLE ½ TURN

1-2 Touch right next to left, flick right foot back and throw both arms in the air (Latin-style)
3&4 Cross step right over left, step left to left side, step right next to left
5-6 Cross step left over right, ¼ turn left stepping back on right
7&8 Make ½ turn left stepping left, right, left

REPEAT

TAG

At the end of walls 5 and 10

CHASSE RIGHT, ROCK LEFT, CHASSE LEFT, ROCK RIGHT

1&2 Step right to right side, step left next to right, step right tot right side
3-4 Rock step left forward, recover on right
5&6 Step left to left side, step right next to left, step left to left side
7-8 Rock step right forward, recover on left