

Sugarfoot Twist

COPPER KNOB
STEPPERS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Marjo Ranta (FIN)
音樂: Born to Boogie - Hank Williams, Jr.



STEPS AND HOOKS

1-3 Walk diagonally forward to the left: right, left, right
4 Cross left foot behind right foot
5-7 Walk back: left, right, left
8 Cross right foot in front on left
9-11 Walk diagonally forward to the right: right, left, right
12 Cross left foot behind right foot
13-15 Walk back: left, right, left
16 Cross right foot in front on left

SUGARFOOTS

17-19 Twist with the left foot
20 Step right down
21-23 Twist with the right foot
24 Step left down

TOE TOUCHES

25 Touch right toe diagonally forward to the right
26 Touch right toe diagonally in the back to the left
27 Touch right toe to the right
28 Step right foot beside left foot
29 Touch left toe diagonally forward to the left
30 Touch left toe diagonally in the back to the right
31 Touch left toe to the left
32 Step left foot beside right foot

KICKS WITH TURNS

33 Kick forward with the right foot
34 Make a circle with the right foot to the back and turn at the same time half a turn right
35 Touch left toe to the left
36 Step left foot beside right foot
37 Kick forward with the right foot
38 Make a circle with the right foot to the back and turn at the same time half a turn right
39 Touch left toe to the left
40 Step left foot beside right foot

TWISTING

41-48 Twist left foot while making ½ turn left

GRAPEVINE RIGHT, SWIVELS, GRAPEVINE LEFT, SWIVELS

49-50 Step to the right on the right foot, step the left foot behind the right
51-52 Step to the right on the right foot, step left foot beside right foot
53-56 Turn the toes to the right, turn toes back, repeat
57-58 Step to the left on the left foot, step the right foot behind the left
59-60 Step to the left on the left foot, step right foot beside left foot
61-64 Turn the toes to the left, turn the toes back, repeat

REPEAT
