

# Sugarfoot Twist

**COPPER KNOB**  
STEPPERS

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Marjo Ranta (FIN)  
音樂: Born to Boogie - Hank Williams, Jr.



## STEPS AND HOOKS

1-3      Walk diagonally forward to the left: right, left, right  
4      Cross left foot behind right foot  
5-7      Walk back: left, right, left  
8      Cross right foot in front on left  
9-11      Walk diagonally forward to the right: right, left, right  
12      Cross left foot behind right foot  
13-15      Walk back: left, right, left  
16      Cross right foot in front on left

## SUGARFOOTS

17-19      Twist with the left foot  
20      Step right down  
21-23      Twist with the right foot  
24      Step left down

## TOE TOUCHES

25      Touch right toe diagonally forward to the right  
26      Touch right toe diagonally in the back to the left  
27      Touch right toe to the right  
28      Step right foot beside left foot  
29      Touch left toe diagonally forward to the left  
30      Touch left toe diagonally in the back to the right  
31      Touch left toe to the left  
32      Step left foot beside right foot

## KICKS WITH TURNS

33      Kick forward with the right foot  
34      Make a circle with the right foot to the back and turn at the same time half a turn right  
35      Touch left toe to the left  
36      Step left foot beside right foot  
37      Kick forward with the right foot  
38      Make a circle with the right foot to the back and turn at the same time half a turn right  
39      Touch left toe to the left  
40      Step left foot beside right foot

## TWISTING

41-48      Twist left foot while making ½ turn left

## GRAPEVINE RIGHT, SWIVELS, GRAPEVINE LEFT, SWIVELS

49-50      Step to the right on the right foot, step the left foot behind the right  
51-52      Step to the right on the right foot, step left foot beside right foot  
53-56      Turn the toes to the right, turn toes back, repeat  
57-58      Step to the left on the left foot, step the right foot behind the left  
59-60      Step to the left on the left foot, step right foot beside left foot  
61-64      Turn the toes to the left, turn the toes back, repeat

REPEAT

---