Sugarfoot Boogie

級數: Intermediate

編舞者: Knox Rhine (USA)

音樂: Crazy Over You - Ricky Van Shelton

RIGHT SUGARFOOT, SHUFFLE:

拍數: 32

- Touch right toe in towards left foot 1
- 2 Touch right heel in towards left foot
- 3 Step forward with right foot
- & Place left foot next to right foot
- 4 Step forward with right foot

LEFT SUGARFOOT, SHUFFLE:

- 5 Touch left toe in towards right foot
- 6 Touch left heel in towards right foot
- 7 Step forward with left foot
- & Place right foot next to left foot
- 8 Step forward with left foot

STEP, TURN, SHUFFLE:

- 9 Step forward with right foot
- 10 Pivot ¹/₂ turn to the left
- 11 Step forward with right foot
- & Place left foot next to right foot
- 12 Step forward with right foot

SCOOT, SCOOT, STEP, STOMP:

- Lift left knee and scoot forward with right foot 13
- 14 Scoot forward with right foot again
- 15 Step down with left foot
- Stomp right foot next to left foot 16

MONTEREY CROSS:

- Touch right toe out to right side 17
- 18 Pull right toe in and turn 1/2 to right, transfer weight to right foot
- 19 Touch left toe out to left side
- 20 Step across in front of right leg with left foot

SIDE, ¼ TURN JAZZ BOX TO THE LEFT:

- 21 Touch right toe to right side
- 22 Step across in front of left leg with right foot
- 23 Step back 1/4 turn left with left foot
- 24 Step back with right foot

STROLL, STEP, ½ TURN TO THE RIGHT:

- 25 Step forward with left foot
- 26 Lock/slide right foot up behind left foot
- 27 Step forward with left foot
- 28 Brush 1/2 turn left with right foot

STEP, SCOOT, SCOOT, STEP DOWN:



牆數: 4

- 29 Step forward with right foot
- 30 Lift left knee and scoot forward with right foot
- 31 Scoot forward with right foot again
- 32 Step down with left foot

REPEAT