Sugarbear (P)

拍數: 36

級數: Partner

編舞者: Marie Miller (USA)

音樂: Where Was I - Ricky Van Shelton

Position: Promenade. Opposite Foot. LOD

FOUR SHUFFLES FORWARD

- 1&2 Shuffle forward outside foot lead for both partners
- Man: left, right, left / lady: right, left, right
- Shuffle forward inside foot lead 3&4
- 5&6 Shuffle forward outside foot lead
- Shuffle forward inside foot lead 7&8

1/4 TURN GRAPEVINE, 1/4 TURN, KICK, 9 Step 1/4 turn

You are now facing your partner. This is the first step of a grapevine. Lady's right shoulder is toward LOD. Man's left shoulder is toward LOD

- 10-11 Cross man's right/lady's left foot behind, step out 1/4 turn with outside foot toward LOD
- 12 Kick inside foot forward
- 13 Step inside foot toward partner 1/4 turn
- MAN: Kick outside foot (left) on lady's right side 14
- LADY: Kick outside foot in between man's legs
- 15-16 Step outside foot back ¼ turn (so each partner is now facing LOD), kick inside foot toward LOD

SHUFFLE BACKWARDS, STEP BACK, ROCK FORWARD, TWO SHUFFLES FORWARD

- Shuffle backwards on inside foot lead 17&18
- 19-20 Step back on outside foot, rock forward on inside foot
- 21&22 Shuffle forward outside foot lead
- 23&24 Shuffle forward inside foot lead

SPIN, STEP FORWARD, TWO SHUFFLES FORWARD

- &25 Step forward on outside foot spin full turn (man to right, lady to left)
- Step forward on inside foot 26
- 27&28 Shuffle forward outside foot lead
- Shuffle forward inside foot lead 29&30

JAZZ BOX, KICK, KICK

- Step forward with outside foot, cross inside foot across in front of outside foot 31-32
- 33-34 Step back with outside foot, step inside foot beside outside foot
- 35-36 Kick outside foot forward twice

REPEAT





牆數: 0