# **Sugar Twist**



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Elaine Douris (UK)

音樂: On a Night Like This - Buckwheat Zydeco



#### WALK FORWARD X 3, KICK, WALK BACK X 3, KICK

1-4 Step right, left, right, kick left (with a clap)5-8 Step back left, right, left, kick right (with a clap)

## RIGHT ROLLING GRAPEVINE WITH AN EXTRA 1/4 TURN, KNEE KNOCKS

Step forward right making ¼ turn right
Pivot ½ turn right stepping back on left
Pivot ½ turn right stepping forward on right

4 Close left beside right

5-8 Keeping feet together, knock knees together x 4

While smiling or perhaps laughing a lot, circle arms: right to right & left to left

5-8 Can be substituted with hip bumps or heel swivels left, right, left, right for those a little too shy

#### **LEFT GRAPEVINE & WEAVE WITH TOUCH**

1-3 Step left to side, step right behind, step left to side4-6 Cross right over left, step left to side, step right behind

7-8 Step left to side, touch right beside left

### HALF MONTEREY TURN WITH KICK STEP, ½ TURN SWIVELING HEELS, KICK RIGHT

1-2 Tap right toe to side, make ½ turn right pulling right foot beside left with weight

3-4 Kick left, step forward left

5&6 Swivel heels left making 1/4 turn right, swivel heels right, swivel heels left making 1/8 turn right

&7-8 Swivel heels right, swivel heels left making 1/8 turn right, kick right

Between steps 1-8 in section 4 you should have made a whole turn right

Steps 5 - 7 can also be danced as heel pops

#### **REPEAT**