

# Sugar Train (Off The Track)

**COPPERKNOB**  
STEPPERS

拍數: 32      牆數: 2      級數: Beginner  
編舞者: Bill McGee (USA) & Candy Buker  
音樂: The Sugar Train Song



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## HEEL, HEEL, AND HEEL, HEEL, SHUFFLE BACK, ROCK STEP

1-2      Touch right heel forward twice  
&3-4      Step right next to left, touch left heel forward twice  
5&6      Step back on left, step right beside left, step back on left  
7-8      Rock back on right, recover onto left

## HEEL, HEEL, AND HEEL, HEEL, SHUFFLE BACK, ROCK STEP

1-2      Touch right heel forward twice  
&3-4      Step right next to left, touch left heel forward twice  
5&6      Step back on left, step right beside left, step back on left  
7-8      Rock back on right, recover onto left

## STEP, BEHIND, &, CROSS, STEP, STEP, BEHIND, & CROSS, TURN

1-2      Step right to right, step left behind right  
&3-4      Step right to right, cross step left over right, step right to right  
5-6      Step left to left, step right behind left  
&7-8      Step left to left, cross step right over left, step left to left making  $\frac{1}{4}$  turn left

## STEP, CLAP, &, STEP, CLAP, CLAP, ROCK, RECOVER, TURNING SAILOR STEP

1-2&      Step forward on right, hold and clap, step left next to right  
3&4      Step forward on right, clap, clap  
5-6      Rock forward on left, recover on right  
7&8      Making  $\frac{1}{4}$  turn left step back on left, step right to right, step forward on left

**REPEAT**

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