

# Sugar Shack

COPPERKNOB  
STEPSHEETS

拍數: 0                      牆數: 1                      級數: Intermediate  
編舞者: Annette "Netty" Mesa (USA)  
音樂: Sugar Shack - Marcia Griffiths



Sequence: A, B, A, B, A (8 count tag) B to the end

## PART A

### CROSS-OVER SWIVEL WALKS RIGHT, LEFT, RIGHT, LEFT, SAILOR RIGHT, SAILOR LEFT

1-4                      Cross-over (swivel) walk forward right, left, right, left  
5&6                      Sailor right - cross/step right behind left, step on ball of left, replace weight right  
7&8                      Sailor left - cross/step left behind right, step on ball of right, replace weight left

### 4 COUNT TOE HEEL, SYNCOPATED CROSS RIGHT OVER LEFT, ¼ TURN LEFT

1-4                      Keeping weight on left, and moving to the right, touch right toe, dig right heel, touch right toe, dig right heel  
5&                      Cross/step right over left, left to left side  
6&                      Cross/step right over left, left to left side  
7&                      Cross/step right over left, left to left side  
8&                      Cross/step right over left, turn ¼ left and step forward left

### (REPEAT 1ST SET OF 8) CROSS-OVER SWIVEL WALKS RIGHT, LEFT, RIGHT, LEFT, SAILOR RIGHT, SAILOR LEFT

1-4                      Cross-over (swivel) walk forward right, left, right, left  
5&6                      Sailor right- cross/step right behind left, step on ball of left, replace weight right  
7&8                      Sailor left- cross/step left behind right, step on ball of right, replace weight left

### (REPEAT 2ND SET OF 8) 4 COUNT TOE HEEL, SYNCOPATED CROSS RIGHT OVER LEFT, ¼ TURN LEFT

1-4                      Keeping weight on left, and moving to the right, touch right toe, dig right heel, touch right toe, dig right heel  
5&                      Cross/step right over left, left to left side  
6&                      Cross/step right over left, left to left side  
7&                      Cross/step right over left, left to left side  
8&                      Cross/step right over left, turn ¼ left and step forward left

### ROCK FORWARD RIGHT, BACK LEFT, RIGHT COASTER STEP, ROCK FORWARD LEFT, BACK RIGHT, TRIPLE HALF TURN LEFT

1-2                      At 45 degree angle (between 6:00 & 9:00) rock forward right, back left  
3&4                      Right coaster - step back right, left together, forward right  
5-6                      At 45 degree angle (between 6:00 & 9:00) rock forward left, back right  
7&8                      Triple half turn to the left - step left, step right, step left in place (now facing between 12:00 & 3:00)

### ROCK FORWARD RIGHT, BACK LEFT, RIGHT COASTER STEP, ROCK FORWARD LEFT, BACK RIGHT, TRIPLE HALF TURN LEFT

1-2                      At 45 degree angle (between 12:00 & 3:00) rock forward right, back left  
3&4                      Right coaster - step back right, left together, forward right  
5-6                      At 45 degree angle (between 12:00 & 3:00) rock forward left, back right  
7&8                      Triple half turn to the left-step left, right, left in place (now facing between 6:00 & 9:00)

### RIGHT POINT TOUCHES TO COMPLETE LEFT TURN TO 12:00 WALL (OPTIONAL ARMS)

- 1-2 Pivot on left 1/8 turn left while pointing right to right side, touch right to left
- 3-4 Pivot on left 1/8 turn left while pointing right to right side, touch right to left
- 5-6 Pivot on left 1/8 turn left while pointing right to right side, touch right to left
- 7-8 Pivot on left ¼ turn left while pointing right to right side, touch right to left (now facing 12:00 wall)

**Arms: elbows are waist height, make a fist with each hand, swing arms in same direction as right foot, arms go right when you point right, back to the left when you touch left, etc.)**

## **PART B**

### **TRIPLE RIGHT, ROCK LEFT RECOVER RIGHT, SYNCOPATED STEP SLIDES LEFT AT 45 DEGREE ANGLE**

- 1&2 Triple step right- step right, left, right
- 3-4 Rock back left, recover right
- 5& At 45 degree (between 9:00 & 12:00) angle step forward left, slide right forward
- 6& At 45 degree (between 9:00 & 12:00) angle step forward left, slide right forward
- 7& At 45 degree (between 9:00 & 12:00) angle step forward left, step right and straighten out to 12:00 wall
- 8 Step left

### **HEEL EXCHANGES RIGHT, LEFT, RIGHT, LEFT WHILE TURNING ¼ TURN RIGHT, RIGHT TOE STEP, LEFT TOE STEP**

- 1& Dig right heel, step right, turning slightly right
- 2& Dig left heel, step left turning slightly right
- 3& Dig right heel, step right, turning slightly right
- 4& Dig left heel, step left, turning slightly right, (you have now completed ¼ turn right, and are facing 3:00 wall)
- 5-6 Touch right toe, step down right
- 7-8 Touch left toe, step down left

### **½ TURN MONTEREY, ½ TURN MONTEREY**

- 1-2 Point right to right side, pivot on left foot turn ½ right and step on right
- 3-4 Point left to side, step left together
- 5-6 Point right to right side, pivot on left foot turn ½ right and step on right
- 7-8 Point left to side, step left

### **SHOULDER SHRUGS, ¼ TURN SHIMMY LEFT**

- 1-4 Shrug shoulders up and down 4 times, while looking left to 12:00 wall (or nod your head "yes" or do both)
- 5 Step right forward
- 6-7-8 Turn ¼ turn left and shimmy shoulders (end with weight on left foot)

### **TAG**

**The tag will occur only one time, after you have danced the 3rd repetition of Part Aa, you will be facing your starting (12:00 wall).**

### **STEP RIGHT FORWARD, PIVOT ¼ TURN LEFT, TO COMPLETE WHOLE TURN BACK TO 12:00 WALL**

- 1-2 Step right forward, pivot ¼ turn left
- 3-4 Step right forward, pivot ¼ turn left
- 5-6 Step right forward, pivot ¼ turn left
- 7-8 Step right forward, pivot ¼ turn left

**After you have danced the tag, then dance Part B only for the remainder of the dance.**

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