

Suds In The Bucket

拍數: 32 牆數: 1 級數: Improver
編舞者: Cecilia Fredriksson & Frida Jonasson
音樂: Suds In the Bucket - Sara Evans



DIAGONAL LOCK STEP TWICE, MAMBO, ½ TURN RIGHT, FULL TRIPLE TURN RIGHT

1&2 Step forward on right foot, lock left foot behind right, step forward on right foot
3&4 Step forward on left foot, lock right foot behind right, step forward on left foot
5&6 Mambo forward on right foot, make ½ turn right
7&8 Full triple turn right (left foot, right foot, left foot)

¼ TURN SHUFFLE RIGHT, ½ TURN SHUFFLE LEFT, CROSS UNWIND ½ TURN, SPLIT HEELS

1&2 ¼ turn right while step forward right foot, close left foot next to right foot, step forward on right foot
3&4 ½ turn left while step forward left foot, close right foot next to left foot, step forward on left foot
5-6 Cross right foot in front of left foot, unwind ½ turn
7&8 Split heels twice (while crossing and uncrossing hands in front of knees)

LOCK STEP RIGHT, LOCK STEP LEFT, MAMBO ½ TURN, STEP X 3 (TRIPPING)

1&2 Step forward on right foot, lock left foot behind right foot, step forward on right foot
3&4 Step forward on left foot, lock right foot behind left foot, step forward on left foot
5&6 Mambo forward on right foot, make ½ turn right
7&8 Step forward on left foot, step forward right foot, step forward left foot

¼ TURN SHUFFLE RIGHT, ½ TURN SHUFFLE LEFT, STOMP TWICE, CLAP HANDS TWICE

1&2 ¼ turn right while step forward right foot, close left foot next to right foot, step forward on right foot
3&4 ½ turn left while step forward left foot, close right foot next to left foot, step forward on left foot
5-6 Stomp right foot forward, stomp left foot forward
7& Brush arms across sides backward, brush arms across sides forward
8& Clap hands twice

REPEAT