Suavemente



拍數: 64 牆數: 2 級數: Intermediate

編舞者: Doug Miranda (USA) & Jackie Snyder (USA)

音樂: Suavemente - Elvis Crespo



The count in can be somewhat difficult at first but you will eventually hear the start point after a few times. The dance starts after slightly over 17 seconds from the beginning of the first words or on count 35. Listen carefully and you will hear the words "besa me, besa me" after the chorus sings "suave". Start on the first beat after hearing those words!

WALK FORWARD RIGHT, LEFT, SIDE ROCK, RECOVER, STEP FORWARD; WALK FORWARD LEFT, RIGHT, STEP FORWARD, PIVOT ½ TURN RIGHT

1-2 Walk forward right, left,

3&4 Rock step right to right side, recover weight to left, step forward on right

5-6 Walk forward left, right

7&8 Step forward left, pivot ½ turn right, step forward left

9-16 Repeat steps 1-8 above

STEP RIGHT SIDE, TOGETHER, SIDE, TOGETHER, SIDE, ROCK LEFT FORWARD, RECOVER, SHUFFLE BACK

1-2 Step right to right side, step left next to right

3&4 Step right to right side, step left next to right, step right to right side (Cuban hip move)

5-6 Rock forward left, recover right 7&8 Shuffle back left, right, left

ROCK BACK RIGHT, RECOVER LEFT, SHUFFLE FORWARD, STEP LEFT SIDE, TOGETHER, SIDE, TOGETHER, SIDE

1-2 Rock back right, recover left 3&4 Shuffle forward right, left, right

5-6 Step left to left side, step right next to left

7&8 Step left to left side, step right next to left, step left to left side

POINT RIGHT TO RIGHT SIDE, ¼ TURN RIGHT, STEP DOWN RIGHT, ½ TURN LEFT, STEP RIGHT, HIP SWAYS

1-4 Point right toe to right side, turn ¼ right keeping weight on left, step down on right, pivot ½

turn left

5-8 Lightly stomp right to right side as you sway hips to right side, sway hips to left side, sway

hips to right side, sway left (weight is on left)

ROCK FORWARD RIGHT, RECOVER LEFT, TRIPLE STEP full turn TURN RIGHT, ROCK FORWARD LEFT, RECOVER RIGHT, ½ TURN LEFT, SHUFFLE FORWARD

1-2 Rock right forward, recover back on left

3&4 Triple step right, left, right full turn right (this is a full turn turn in place)

5-6 Rock left forward, recover back on right

7&8 Turn ½ turn left and shuffle forward left, right, left

POINT RIGHT TO RIGHT SIDE, ¼ TURN RIGHT, STEP DOWN RIGHT, ½ TURN LEFT, STEP RIGHT, HIP SWAYS

1-4 Point right toe to right side, turn ¼ right keeping weight on left, step down on right, pivot ½

turn left

5-8 Lightly stomp right to right side as you sway hips to right side, sway hips to left side, sway

hips to right side, sway left (weight is on left)

ROCK FORWARD RIGHT, RECOVER LEFT, TRIPLE STEP full turn TURN RIGHT, ROCK FORWARD LEFT, RECOVER RIGHT, ½ TURN LEFT, SHUFFLE FORWARD

1-2 Rock right forward, recover back on left

Triple step right, left, right full turn right (this is a full turn turn in place)

5-6 Rock left forward, recover back on right

7&8 Turn ½ turn left and shuffle forward left, right, left

REPEAT