Su'em Lolly



拍數: 66 牆數: 2 級數: Intermediate/Advanced

編舞者: Dave Morgan (UK)

音樂: Sea of Cowboy Hats - Chely Wright



RIGHT KICK BALL HEEL, LEFT TOGETHER, RIGHT STEP, 1/2 PIVOT TO LEFT (ALL TWICE)

1&2 Kick right foot forward, step right next to left, touch left heel forward &3-4 Step left next to right, step right forward, pivot ½ turn left on ball of left

5-8 Repeat steps 1-4

SYNCOPATED JUMPS: FORWARD, BACK, OUT, OUT, IN, IN, OUT, OUT, IN, IN

&9-10 Jump forward stepping on right, jump left beside right, clap

&11-12 Jump back on right, jump left beside right, clap &13 Jump feet apart: right out, left out (traveling back)

&14 Jump feet together: right in, left beside right (traveling back)

&15&16 Repeat steps &13&14

HEEL AND TOE TAPS MAKING 3/4 TURN LEFT (3 GROUPS OF 4)

17 Tap right heel forward

&18 Step right foot beside left, tap left toe back

&19 Step left foot beside right, tap right toe back while pivoting 1/4 turn left

\$20 Step right foot beside left, tap left heel forward

& Step left beside right

21-28& Repeat 17 through 20& two more times

This whole section should danced fluidly without jumps or bounces

JUMP: APART, ACROSS, APART, BEHIND, APART, ACROSS, APART, HITCH

Jump both feet apart, jump feet crossing right foot in front of left
Jump both feet apart, jump feet crossing right foot behind left
Jump both feet apart, jump feet crossing right foot in front of left

35-36 Jump both feet apart, hitch right knee

SHUFFLE FORWARD ON RIGHT, LEFT STEP, ½ PIVOT RIGHT, SHUFFLE FORWARD ON LEFT, RIGHT STEP, ½ PIVOT LEFT, RIGHT STEP, ¼ PIVOT LEFT

37&38 Shuffle forward (right, left, right)

39-40 Step left foot forward, pivot turn ½ to right (shifting weight to right foot)

41-44 Mirror steps 37-40 (start on left)

45-46 Step right foot forward, pivot turn ¼ to left (shifting weight to left foot)

BOX STEP, JUMP, STOMP, HEELS IN/OUT, KICK, ROCK, ROCK

47-48 Cross right foot over left, step back on left foot

Small step right foot to side, jump both feet forward together Stomp right foot slightly in front of left, swivel both heels in

53-54 Swivel both heels out (end with weight on left), kick right foot forward

55-56 Rock back on right foot, rock forward onto left

SHUFFLE FORWARD ON RIGHT, STEP, ½ PIVOT RIGHT, SHUFFLE FORWARD ON LEFT, RIGHT HOOK COMBO

57&58 Shuffle forward (right, left, right)

59-60 Step left foot forward, pivot turn ½ right (shifting weight to right)

61&62 Shuffle forward (left, right, left)

Touch right heel forward, cross right heel in front of left leg

REPEAT

ALTERNATIVE STEPS FOR SECTIONS 3 AND 4 SECTION 3

The toe taps (back) can be replaced with heel taps (forward). So the section becomes a series of 12 heel switches (ala Tush Push) starting with a right heel, with a total rotation of ¾ turn left SECTION 4

Instead of jumping, dance the following (full weight remains on left foot):

29-30	Point right foot to the right side, point right foot across left
31-32	Point right foot to the right side, point right foot behind left
33-34	Point right foot to the right side, point right foot across left
35-36	Point right foot to the right side, hitch right knee