

Stylin'

拍數: 40 牆數: 2 級數:
編舞者: Parry Spence (USA)
音樂: Where He Left Off - Rick Tippe



CROSS, TOUCH, CROSS, TOUCH, CROSS, TOUCH, DRAG TURN ½ LEFT

- 1-2 Cross step left foot over right -touch right toe out to right side
3-4 Cross step right foot over left-touch left toe out to left side
5-6 Repeat 1-2
7-8 Drag pointed right toe as it circles around to complete ½ turn to left & touch right next to left

***Left foot pivots as weight remains on it during turn. (Right toe remains on floor next to left foot, knee bent in ready position to travel.)**

STEP, ROCK, STEP, ROCK, TURN SHUFFLE, ROCK BACK, ROCK FORWARD

- 1-2 Step forward on right foot, lifting left foot off floor-rock back on left foot, lifting right foot off floor
3-4 Step back on right foot, lifting left foot off floor-rock forward on left foot (ready right foot to travel)
5-6 Right shuffle (right-left-right) making ½ turn to the left
7-8 Rock back on left foot, lifting right foot off floor-rock forward on right foot

****Create a regal look by adding bowing motions and high knees on release steps**

STEP, CROSS, STEP, CROSS, STEP, CROSS TURN, HIP CIRCLE

***Traveling back and to the left (8 o'clock) remain facing front as steps are executed. Keep steps small & close to the floor, body straight and hands on buckles.**

- 1-2 Step back and to left on left foot, point right toe out while kicking out right foot-cross step right foot over left, lifting left foot off of floor behind right foot
3-4 Repeat counts 1-2
5-6 Step back and to left on left foot, pointing right toe while kicking out right foot-while making a ½ turn left, cross your right foot over your left, placing your right toes on the floor
7-8 Hip circle "8". First to right, change weight to right foot then to left following hip circle.

Heels will swivel right then left while hips sway right left.

KICK, BACK, KICK, BACK, KICK, BACK, KICK, TOUCH

***Begin with weight on left foot, stepping backward.**

- 1-2 Kick right foot forward-step back on right foot, snapping fingers
3-4 Kick left foot forward-step back on left foot, snapping fingers
5-6 Kick right foot forward-step back on right foot, snapping fingers
7-8 Kick left foot forward-touch left toe beside right heel

STEP, ½ TURN, SCUFF, STEP, TOUCH, STEP, ½ TURN, SCUFF, STEP, TOUCH

***Allow hips to swing, while executing steps.**

- 1-2 Step to left on left foot. Scuff right heel while turning ½ turn to left.
3-4 Step down on right foot. Touch left toe to side, rocking hips to right.
5-6 Repeat counts 1-2
7-8 Repeat counts 3-4

REPEAT