

Stupid Mistake

拍數: 40 牆數: 4 級數: Intermediate
編舞者: Rachael Miller (UK)
音樂: Anyone Of Us (Stupid Mistake) - Gareth Gates



KICK, KICK, SAILOR STEP RIGHT & LEFT

1-2 Kick right forward, kick right to right side
3&4 Step right back, step left next to right, step right forward
5-6 Kick left forward, kick left to left side.
7&8 Step left back, step right next to left step left forward

ROCK ½ TURN, STEP, ROCK ¼ TURN, STEP, ROCK ½ TURN, ROCK STEP

1 Rock forward on right
&2 Rock back onto left making ½ turn right, step right forward (small step)
3 Rock forward on left
&4 Rock back onto right making ¼ turn, step left beside right
5 Rock forward on right
&6 Rock back onto left making ½ turn right, step right forward (small step)
7&8 Rock forward on left, rock back onto right, step left beside right

RIGHT KICK BALL CHANGE, RIGHT SHUFFLE, LEFT KICK BALL CHANGE, LEFT SHUFFLE

1&2 Kick right forward, step back with right, step forward on left
3&4 Step right forward, close left next to right, step right forward
5&6 Kick left forward, step back with left, step forward on right
7&8 Step left forward, close right next to left, step left forward

HIP BUMPS RIGHT & LEFT, MONTEREY TURN, ROCK & CROSS

1&2 Bump hips right, left, right
3&4 Bump hips left, right, left
5-6 Point right toe to right side, turn ½ right on ball of right foot
7&8 Rock left to left side rock weight onto right, cross left in front

LOCK STEP RIGHT & LEFT, HEEL JACKS RIGHT & LEFT

1&2 Step right forward, lock left behind right, step right
3&4 Step left forward, lock right behind left, step left forward
&5 Step right back, touch left heel forward
&6 Step left back, step right next to left
&7 Step left back, touch right heel forward
&8 Step right back, step left next to right

REPEAT
