

Stupid

拍數: 60 牆數: 4 級數: Intermediate
編舞者: John Coulter
音樂: Don't Be Stupid (You Know I Love You) - Shania Twain



TOE TAPS, BRUSHES, FORWARD SHUFFLES

- 1 Tap right toe back
- 2 Brush right foot forward
- 3&4 Shuffle forward (right-left-right)
- 5 Tap left toe back
- 6 Brush left foot forward
- 7&8 Shuffle forward (left-right-left)

ROCK STEPS, SHUFFLES

- 9 Step forward on right foot
- 10 Rock back onto left foot
- 11&12 Shuffle backwards (right-left-right)
- 13 Step back on left foot
- 14 Rock forward onto right foot
- 15&16 Shuffle forward (left-right-left)

MILITARY PIVOTS TO THE LEFT

- 17 Step forward on right foot
- 18 Pivot ½ turn to the left on ball of right foot and shift weight to left foot
- 19-20 Repeat beats 17 and 18

VINE LEFT, TOUCH, VINE RIGHT, TOUCH

- 21 Step to the right on right foot
- 22 Cross left foot behind right and step
- 23 Step to the right on right foot
- 24 Touch left toe next to right foot
- 25 Step to the left on left foot
- 26 Cross right foot behind left and step
- 27 Step to the left on left foot
- 28 Touch right toe next to left foot

TOE-HEEL STRUTS FORWARD

- 29 Touch right toe forward
- 30 Drop right heel down onto floor
- 31 Touch left toe forward
- 32 Drop left heel down onto floor
- 33-36 Repeat beats 29-32

TOE TOUCH, CROSS, UNWIND, HOLD & CLAP, HIP BUMPS

- 37 Touch right toe to the right
- 38 Cross right foot over left
- 39 Unwind ½ turn to the left (weight on left foot)
- 40 Hold and clap hands
- 41-42 Step on right foot and bump hips to the right twice
- 43-44 Shift weight to left foot and, bump hips to the left twice

HEEL SWITCHES WITH TURNS

- 45 Step to the right on right foot making a $\frac{1}{4}$ turn to the left with the step
- 46 Tap left heel forward
- 47 Step left foot to home making a $\frac{1}{2}$ turn to the right with the step
- 48 Tap right heel forward
- 49 Step right foot to home making a $\frac{1}{2}$ turn to the left with the step
- 50 Tap left heel forward
- 51 Step left foot to home making a $\frac{1}{2}$ turn to the right with the step
- 52 Tap right heel forward

SHUFFLES, ROCK STEPS

- 53&54 Shuffle forward (right-left-right)
- 55 Step forward on left foot
- 56 Rock back onto right foot
- 57&58 Shuffle forward (left-right-left)
- 59 Step back on right foot
- 60 Rock forward onto left foot

REPEAT
