

Stuck With You

COPPER KNOB
STEPPERS

拍數: 0 牆數: 0 級數:
編舞者: Cee Jay
音樂: Stuck In the Middle With You - Louise



Sequence: AA B AAA B AA

PART A

HEEL JACKS, ¼ PIVOT LEFT TWICE

&1&2 Step right back, jack left heel, recover left, step right next to left
&3&4 Step left back, jack right heel, recover right, step left next to right
5-8 Step right forward pivot ¼ left, step right forward pivot ¼ left

CROSS POINT, CROSS POINT, ROCK RECOVER, TRIPLE ½ TURN

1-4 Step right across left, point left, step left across right, point right
5-8 Rock forward right, recover onto left, triple ½ turn to right

ROCK RECOVER, COASTER STEP, ¼ PIVOT LEFT TWICE

1-2-3&4 Rock forward left, recover onto right, step left back, step right next to left, step left forward
(coaster)
5-8 Step right forward pivot ¼ left, step right forward pivot ¼ left

BEHIND SIDE CROSS, POINT, HOLD, DOWN UP TWICE

1&2-3-4 Step right behind left, step left to left, step right across left, point left to left, hold
5-8 Roll body (up down, up down) facing 4:00

BALL CROSS, SWING LEFT OVER RIGHT, LARGE SIDE STEP & DRAG

&1-4 Left behind ball, cross right over left, swing left out & forward across right (counts 2-3-4)
5-8 Right step large step right, drag left and touch

OUT IN, OUT IN (ARMS FORWARD & BACK) TWICE

&1&2 Left out, right out, left in, right in (arms pump down at side of body)
3-4 (Feet don't move) arms punch forward and back in
&5&6 Left out, right out, left in, right in (arms pump down at side of body)
7-8 (Feet don't move) arms punch forward and back in

PART B

LARGE STEP FORWARD, BALL STEP, HOLD TWICE

1-2 Right makes large step forward
&3-4 Left ball, right step, hold
5-6 Left makes large step forward
&7-8 Right ball, left step, hold

SWAY SHOULDER RIGHT LEFT, RIGHT LEFT RIGHT

1-4 Step right to right side as you sway shoulder right, left
5-8 Sway shoulders right left right (hold)

LARGE STEP BACK, BALL STEP, HOLD TWICE

1-2 Left makes large step back
&3-4 Right ball (behind left), left step, hold
5-6 Right makes large step back
&7-8 Left ball (behind right), right step, hold

STEP, CROSS, UNWIND ½ TURN LEFT, BUMP RIGHT, RIGHT, LEFT, LEFT

&1-2 Step onto left, cross right over left, hold

3-4 Unwind ½ turn left

5-8 Bump hips right, right, left, left

STEP, CROSS, UNWIND ½ TURN RIGHT, BUMP LEFT, LEFT, RIGHT, RIGHT

&1-2 Step onto right, cross left over right, hold

3-4 Unwind ½ turn right

5-8 Bump hips left, left, right, right

ROLLING VINES TO LEFT AND RIGHT

1-4 Step left right left completing a full turn traveling left, touch right next to left

5-8 Step right left right completing a full turn traveling right, step onto left

MAMBO FORWARD, MAMBO BACK, ½ PIVOT TWICE

1&2 Step right forward, step left next to right, step right in place

3&4 Step left back, step right next to left, step left in place

5-8 Step right forward, pivot ½ turn to left, step right forward, pivot ½ turn left
